

# SUMMER 2007

# Recreation

## ACTIVITY GUIDE

**Special Rates  
for CRC Member**  
see page 3

**Back by popular demand**  
**SEASON PASS**  
**EARLY BIRD**  
**SPECIAL**  
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**Swim Lessons**  
**Open Swim**  
**Masters Swimming**



CITY OF MORGAN HILL

Creating Community through People, Parks, and Programs

**CRC Programs • AC Programs • CCC Classes**





## Creating Community through People, Parks, and Programs

The City invites you to “Step Up to Health” through a variety of programs and facilities that are offered for your enjoyment. From Cool Kids Summer Camp, swim lessons, and youth soccer, to fitness programs, Senior Nutrition, recreation swim, and teen programs, there is something for everyone. With summer just around the corner, the Aquatics Center will once again be buzzing with excitement as children and families enjoy a day at the pool. This summer the pool is offering special “early bird” memberships and discounts for Centennial Recreation Center members. On behalf of the City Council, Parks and Recreation Commission, Senior Advisory Commission, and Youth Advisory Committee, we want to thank you for your support and encourage you to enjoy all of the services available at the Centennial Recreation Center, Aquatics Center, and Community & Cultural Center throughout the entire year.

### Recreation and Community Services Team

# PARENT'S NIGHT OUT

**\$25 per child** (CRC Members)  
\$35 per child (non-members)  
\$5.00 discount each sibling

**Ages 4-12**

**March 17**  
**April 14**  
**May 12**  
**June 16**

**5:00pm-10:00pm**

Each night out will offer a variety of activities. Dinner will always be included. Activities like swimming, crafts, sports, dance, movies, teen center and more.

**Centennial Recreation Center**  
171 West Edmundson, Morgan Hill • (408) 782-2128

**Cooking with kids**  
every 2nd and 4th  
Friday of the month  
\$10.00 per class (price  
subject to change)  
Menu to be posted in  
kid zone each week.

**Upcoming Events**

- ✓ Hot Tots Play Day
- ✓ Tween Night Out
- ✓ Girls Club ages 5-12

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#### **Bicycle and Trails Advisory Committee**

Meets on the fourth Thursday of each month at 6:15pm in the City Council Chambers.

#### **Library, Culture and Arts Commission**

Meets on the second Monday of each month at 7:00pm in the City Council Chambers.

#### **Parks & Recreation Commission**

Meets the third Tuesday of the month at 7:30pm in the City Council Chambers.

#### **Senior Advisory Commission**

Meets the first Tuesday of each month at 1:30pm in the Senior Center at the Centennial Recreation Center

#### **Youth Advisory Committee**

Meets the first Monday of each month at 5:00pm in the City Council Chambers.

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**City Manager** Ed Tewes

#### **Recreation & Community Services Department Administration**

**Director** Steve Rymer

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#### **Morgan Hill City Council**

**Steve Tate** Mayor

**Larry Carr** Mayor Pro Tempore

**Mark Grzan** Council Member

**Marby Lee** Council Member

**Greg Sellers** Council Member

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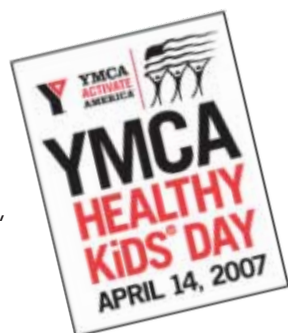
**Morgan Hill Chamber of Commerce  
and Centennial Recreation Center**  
*Present*

# HEALTH & WELLNESS FAIR

## RESOURCES FOR THE SANDWICH GENERATION

**Saturday - April 14 - 10 AM to 3 PM**  
**Centennial Recreation Center**

National YMCA Healthy Kids Day is also April 14, and it will be celebrated along with the Health & Wellness Fair and Resources for the Sandwich Generation, as well! Thus, virtually every aspect of living a healthy lifestyle, along with resources for those of us who are caring for both elder and younger family members, will be featured.



"This event will be an opportunity to showcase the vast resources available in the South County which support Health and Wellness at any age; from our traditional western medicine style health care providers to an array of complementary and alternative approaches in holistic health care," commented event Chair and Certified Medical Hypnotherapist Maureen Drowniany. "Our region is blessed with many options for supporting your Health and Wellness."

Please contact either Maureen Drowniany, 779-8491, Dan Ehrler at the Morgan Hill Chamber of Commerce, 779-9444, or Steve Rymer, 779-7271, at the City of Morgan Hill for additional information.

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[www.mhaquaticscenter.com](http://www.mhaquaticscenter.com)

#### Facility Location

16200 Condit Road, Morgan Hill, CA 95037  
(408) 782-2134

### Summer Registration Begins Saturday March 31st!

Come To The Aquatics Center For Our  
Special Summer Registration Kickoff  
On March 31st From 9:00am-2:00pm.

For purposes of this facility, user ages are defined as below:

**Infant** = Under 2 years of age

**Child** = 2 years - 48 inches

**Youth / Teen** = 48 inches - 17 years

**Adult** = 18 - 54 years

**Senior** = 55+ years of age

### Hours of Operation

see page 4

You must be  
at least 48"  
tall to ride  
the blue and  
red slides.



#### Aquatics Center Staff

Recreation Supervisor . . . . Angela Papp  
angela.papp@morganhill.ca.gov  
782-2134 x701

Recreation Coordinator . . . Jolie Hunter  
jolie.hunter@morganhill.ca.gov  
782-2134 x702

Facility Specialist . . . . . Sergio Jauregui  
sergio.jauregui@morganhill.ca.gov  
782-2134 x704



## PRICES

#### GENERAL ADMISSION FEES:

General Admission is for Recreation Swim times ONLY. Admission includes COOLIN' IT in the Recreation Pool with waterslides and play structure, 25 yard Instructional Pool, Children's Spray Ground, 50 meter Competition Pool with diving boards, and patio/lawn areas for picnics and relaxation. Some pools may close for maintenance and / or special programming at various times throughout the day / season, regular fees will apply and no refunds will be given.

\*To help us avoid unnecessary pool closures, it is our standard that all children under the age of 3 years wear a swim diaper. Swim diapers are specially designed to be used in a swimming pool. Our Aqua Shop is proud to offer reusable and disposable swim diapers for your purchase and convenience.

Children under the age of 10 years must be accompanied by someone 16 years of age or older at all times while in the Aquatics Center.

Daily Admission:	City Resident	Non-Resident
Adult . . . . .	\$7.00	\$8.00
Youth/Teen . . . . .	\$6.00	\$7.00
Child & Senior . . . . .	\$5.00	\$6.00
Infant with adult admission . . . . .	Free	Free
CRC Member . . . . .	\$5.00	\$6.00

### See Next Page For Summer Specials.

#### SPECIAL SAVINGS ON RECREATION PASSES:

\*Only available for season operation, May 26th - September 16th 2007.  
All passes expire Sunday, September 16, 2007.

#### Cool 20 Visit Pass:

Twenty visits for any recreational swim time during the Pre-Season and Summer Season. Visits also include Special Events.

	City Resident	Non-Resident
Child/Youth/Teen/Adult/Senior . . . . .	\$100.00	\$120.00
Infant with adult admission . . . . .	Free	Free

\*20 Punch passes are good for the Summer Operating Season ONLY. There are no refunds, prorates or extensions on unused portions of 20 punch passes under any circumstances. Facility may close for maintenance and or special programming throughout the day or season.

#### Really Cool Individual Summer Pass:

Unlimited entry during the Pre-Season, Summer Season, and Post Season for the pass holder during public recreation swim hours only. Entrance into all Special Events included.

	City Resident	Non-Resident
Youth/Teen/Adult . . . . .	\$100.00	\$135.00
Child & Senior . . . . .	\$65.00	\$80.00
Infants with adult admission . . . . .	Free	Free

# Special Rates for CRC Member

## Extra Cool Family Summer Pass:

Unlimited entry during the Pre-Season, Summer Season, and Post Season for a family of five during public recreation swim hours only. The family includes 2 adults and three children in the same household. Any additional children are only \$15 each. Entrance into all Special Events included.

	City Resident	Non-Resident
CRC Member .....	\$150.00	\$225.00
Before May 31st .....	\$200.00	\$250.00
Full Season .....	\$225.00	\$275.00

*\*No refunds, prorates, or credits for closures of the facility or individual attractions (scheduled or unscheduled) for daily admission fees or passes.*

Back by popular demand  
**SEASON PASS  
EARLY BIRD  
SPECIAL**

## GROUP SALES

Group daily rates are available to schools, church groups, scouts, day camps, and other groups of at least 20 or more. Ask us about our lunch upgrade package with admission. Fees vary based on group size. Please call our group/party package line at 782-2134 ext. 710, to confirm date, number of guests, and admission prices. To receive these special rates, simply make your reservation a minimum of three working days prior to your intended date of visit.

## PRE SEASON/AFTER HOURS PRIVATE FACILITY RENTAL

Let us host your next party, we can accommodate most large and small groups-school groups, family reunions, businesses, church groups, neighborhoods, and any other groups that are planning outdoor parties. The Aquatics Center may be rented from May 29 - June 8th from 10 am-3pm, and evening hours of 7-10 pm beginning June 9th - Sept 1. Let us customize your rental with our available food and beverage service. Call our group/party package line at 782-2134 ext 710 for more information and to schedule your next private party at the Aquatics Center.

## SPECIAL EVENTS

Entrance into special events is included in Extra Cool Family Pass and Really Cool Individual Pass purchases. Cool 20 Punch Pass holders may also use passes to enter for Special Events.

### Family Fun Night:

Bring the entire Family EVERY Monday and Wednesday evening, 7:00pm-8:30pm, to enjoy the Aquatics Center for lots of fun and splashing! The Recreation Pool, Instructional Pool, Children's Spray Ground, Competition Pool, and diving boards will be available for your enjoyment. Full concessions will also be available for your dining needs.

City Resident	Non-Resident
..... \$3.00	..... \$4.00

### Teen Howl!!

Come kick it at the COOLEST spot in Morgan Hill. Teens, ages 13-18, are welcome. Bring your friends, but leave your parents behind. Enjoy some grub and the Aquatics Center all to yourselves. Full concessions will be available for your dining needs.

**Summer Howl:** Friday, June 29th 7:00pm-9:30pm  
**Back to School Howl:** Friday, August 17th 7:00pm-9:30pm  
Fee: \$6.00 per person

### Dive-In Movie:

Forget about sitting in a movie theater when you can COOL IT at the Aquatics Center for a movie. Movie to be determined. Doors open at 6:30pm, the show begins at 8:00pm, and doors close at 10:00pm. Full concessions will be available for your viewing pleasure. Feature is FREE with daily admission to the Aquatics Center.

**Saturday July 14th & Saturday August 11th**

*\*\*Dive-In Movies will be at the CRC on May 5th and June 16th for more details please visit the CRC section in the Recreation Guide starting on page 16.\*\**

## PARTY PACKAGES

Plan a daytime birthday part at the aquatics center! Party packages include admission for up to 15 guests to recreation swim, 2 hours of party room access, a special birthday t-shirt for the birthday child, special birthday invitations, and lunch at the aquatics center. Your party lunch includes pizza, veggie sticks, and fountain beverages. You may bring your own cake. Regular admission applies to each additional guest. Party date and time must be reserved by appointment at least two weeks in advance. Please call our group/party package line at 782-2134 ext.710 for more information.

City Resident	Non-Resident
..... \$175.00	..... \$205.00

*\*\* A \$100 refundable deposit plus a \$17 processing fee is required. All fees must be paid in full at the time of the reservation.*

## LAWN SPACE RENTAL

Looking for a little shade? Our lawns are available for rent during recreation swim hours, each lawn space is guaranteed at least partial shade covering. Let us reserve a little lawn for you. Lawn rentals must be made at least three working days prior to your intended date of visit. Please call our group/party package line at 782-2134 ext 710 for more information.

City Resident	Non-Resident
..... \$125.00	..... \$150.00

*\*\* A \$17 processing fee is required. All fees must be paid in full at the time of the reservation.*



# Hours of Operation

## RECREATION SWIMMING

### SWIMMING JUST FOR FUN EVERY DAY!

The height requirement to ride the Blue and Red large waterslides is a minimum of 48 inches.

#### Pre-Season Hours (May 26th - June 3rd):

##### Memorial Day Weekend

Saturday, May 26 - Monday, May 28  
12:00 - 5:00pm

##### Weekend ONLY

Saturday, June 2 - Sunday, June 3  
12:00 - 5:00pm

##### SCHOOL DAYZ:

May 29th - June 8th Monday-Friday  
9:30am - 3:00pm

\*These will be field trip days for local schools. The community is welcome to swim as well for normal admission prices. Competition Pool not available.

#### Season Hours (June 9th - August 19th):

Projected hours for specific pools during Recreation Swim is as follows:

##### Monday-Thursday 11:30am-4:00pm

- Recreation Pool OPEN from 11:30am - 4:00pm
- Instructional Pool OPEN from 11:30am - 4:00pm
- Competition Pool/Diving Boards OPEN from 11:30am - 3:30pm
- General Public Lap Swim (Competition Pool ONLY) 11:30am - 3:30pm

##### Friday 11:30am-6:30pm

- Recreation Pool OPEN from 11:30am - 6:30pm
- Instructional Pool OPEN from 11:30am - 6:30pm
- Competition Pool/Diving Boards OPEN from 11:30am - 3:30pm
- General Public Lap Swim (Competition Pool ONLY) 11:30am - 3:30pm

##### Saturday & Sunday 11:30am-6:30pm

- Recreation Pool OPEN from 11:30am - 6:30pm
- Instructional Pool OPEN from 11:30am - 6:30pm
- Competition Pool OPEN from 12:00 - 6:00pm
- General Public Lap Swim (Competition Pool ONLY) 12:00 - 5:30pm

\*Above hours are subject to change.

#### General Public Lap Swim

For individuals not wanting to join the Masters Lap Swim Program, General Public Lap Swim is available in the Competition Pool during the following days and times of the Summer Season (June 9th-August 19th):

Monday - Friday 11:30am - 3:30pm

Saturday and Sunday 12:00 - 6:00pm

At least 2 lanes will be identified for use during General Public Lap Swim; more lanes may become available for lap swim use depending on program use. Daily Recreation Swim fees apply for General Public Lap Swim or use of Family, Individual, or 20 Punch Pass.

#### Holiday and Special Programming Schedule:

##### July 4th 2007

- 12:00 - 5:00pm (no programming, Recreation Swim ONLY)

##### August 3rd, 4th, and 5th

- NO Programming (CVALS Swim Meet). Slides, spray ground, and Instructional pool will be open during limited hours.

#### Post Season Hours (August 25th - September 16th):

##### Weekend ONLY

Saturday Aug. 25th - Sunday Aug. 26th  
11:30am - 6:30pm

##### Labor Day Weekend

Saturday and Sunday Sept. 1st-2nd  
11:30am-5:30pm  
Monday Sept. 3rd  
12:00 - 5:00pm

##### Weekend ONLY

Saturday Sept. 8th - Sunday Sept. 9th  
12:00 - 5:00pm

##### Weekend ONLY

Saturday Sept. 15th - Sunday Sept. 16th  
12:00 - 5:00pm

#### IMPORTANT POOL RULES:

1. Above All, Have Fun and Be Safe.
2. The height requirement to ride the Blue and Red large waterslides is a minimum of 48 inches.
3. Children under the age of 10 must be accompanied by a responsible person 16 years of age or older dressed in appropriate swim attire. Children under the age of 6 must be accompanied in the water and closely supervised at all times by a responsible person over the age of 16.
4. Children under the age of 3 years must wear swim diapers at all times. Swim diapers will be available for sale at the Aquatics Center.
5. No outside food or beverage may be brought into the Aquatics Center.
6. Alcoholic beverages, glass products, and coolers are not permitted in the Aquatics Center (For your safety, any belongings brought into the Aquatics Center are subject to inspection.).
7. No floating objects or toys are permitted in the water including inflatable water toys, water wings, or swimwear with sewn in lifejackets.
8. No floatation devices other than Coast Guard approved lifejackets are permitted in the pools.
9. No running on pool deck.
10. Diving is only permitted in designated areas of the Competition pool.
11. For your SAFETY always obey the Aquatics Center Staff!!
12. Any individuals or groups who are not following facility policies or obeying Aquatics Center Staff may be removed from the facility for safety of all.
13. Proper swim attire is required. Proper attire is at the discretion of staff but some examples include: NO cut off jeans, NO tee-shirts, and NO cotton material.
14. All rules are not posted but may be enforced by the Aquatics Center Staff for your safety and enjoyment.

AND DON'T FORGET TO DRINK WATER AND USE SUNSCREEN!

\*All pool rules are subject to change at any time.



# Adult Aquatics Programming

## Masters Lap Swim Program

Structured coached workouts and lap swimming for adults, 18 years of age and over, this program includes technique and stroke refinement, endurance, strength, speed and over all skill improvement.

Fee: \$45.00 per month for Morgan Hill Residents  
\$55.00 per month for Non-Residents  
\$30.00 per month for Resident CRC members  
\$40.00 per month for Non-Resident CRC members

Masters Fee: \$35/year for U.S. Masters Registration is REQUIRED.

Mon-Fri 5:00a-8:30a • 11:30a-1:30p • 5:00p-7:00p

Sat 7:00a-10:00a

## Adult Fit Training A:

Interested in improving your swimming and fitness in a fun, low-pressure environment? This class is designed for any adult (18 years or older) who is interested in learning how they can use swimming to build their aerobic fitness, strength and confidence in the water with a fun group of people. You will learn how to swim more efficiently, what equipment to use, how to follow a simple workout plan, how to do turns and other tips so that you will feel comfortable participating in our Masters Lap Swim Program. You must be able to swim at least 25 yards (one length) freestyle in deep water. Class size is limited.

Cost includes class plus unlimited drop-in to any MHAC Masters Lap Swim workouts during your class month.

Session 1A: M/W/F June 11th - July 13th 11:00am - 11:30am  
(No Class on July 4th)

Session 1B: M/W/F June 11th - July 13th 6:30pm - 7:00pm  
(No Class on July 4th)

Session 2A: M/W/F July 16th - August 17th 11:00am - 11:30am

Session 2B: M/W/F July 16th - August 17th 6:30pm - 7:00pm

Session Cost: \$90.00 Resident \$100.00 Non-Resident

Masters Fee: \$35.00/year for U.S. Masters Registration is REQUIRED.

## Adult Fit Training B:

This class is for any adult (18 years or older) who is interested in joining the Masters Lap Swim Program but would like a more structured training session. This class is designed for the beginner or novice athlete wanting to build endurance, strength, and overall technique in the four competitive swimming strokes. You must be able to swim at least 200 yards (8 lengths) freestyle.

Cost includes class plus unlimited drop-in to any MHAC Masters Lap Swim workouts during your class month.

Session 1: M/W/F June 11th- July 13th 6:00am - 7:00am

Session 2: M/W/F July 16th - August 17th 6:00am - 7:00am

Session Cost: \$90.00 Resident \$100.00 Non-Resident

Masters Fee: \$35/year for U.S. Masters Registration is REQUIRED.

## Tri-Athlete Training

This class offers instruction and coaching in advanced swimming techniques for tri-athletes and other adults. Individual and small group coaching is designed to improve swimming efficiency (primarily freestyle for tri-athletes). Instructional times will be arranged as a group with the instructor, with 4-5 classes scheduled per month. The fees below include a Masters Lap Swim monthly pass and will require registration with Pacific Masters Swimming (\$35 annual fee).

\*\*For those whose Masters Lap Swim Pass and Tri-Athlete Fees do not have matching expiration dates, a pro-rated fee will be charged.

Resident \$80.00 per month Non-Resident \$90.00 per month

## Coed Aquatic Fitness

Plunge into fitness this summer with our Water Aerobic Classes...

**Shallow Tone:** This shallow water class is designed to accommodate all fitness levels. With a combination of cardiovascular conditioning, toning techniques, and strengthening exercises this class will provide you with a total body workout minus the impact effect from hard surfaces. Aqua socks or tennis shoes are recommended.

**Deep H2O Dynamics:** This class is designed for more proficient swimmers and is taught in 7ft. of water. Deep water aerobics with the assistance of cuffs and hand buoys will increase flexibility, strength, cardiovascular endurance, balance, and motor coordination in a non-impact environment.

### Shallow Tone

Session 1: M/W/F June 4 - July 13 7:30am - 8:30am  
(No Classes on July 4th)

Session 2: M/W/F July 23 - August 31 7:30am - 8:30am  
Res. \$65.00 Non-Res. \$75.00

Session 1: M/W June 4 - July 11 5:45pm - 6:45pm  
(No Classes on July 4th)

Session 2: M/W July 23 - August 29 5:45pm - 6:45pm  
Res. \$45.00 Non-Res. \$55.00

### Deep H2O Dynamics

Session 1: M/W/F June 4 - July 13 12:00pm - 1:00pm  
(No Classes on July 4th)

Session 2: M/W/F July 23 - August 31 12:00pm - 1:00 pm  
Res. \$65.00 Non-Res. \$75.00

Session 1: T/Th June 5 - July 12 7:30am - 8:30am  
(No Classes on July 4th)

Session 2: T/Th July 24 - August 30 7:30am - 8:30am  
Res. \$45.00  
Non-Res. \$55.00

Session 1: T/Th June 5 - July 12 5:45pm - 6:45pm  
(No Classes on July 4th)

Session 2: T/Th July 24 - August 30 5:45pm - 6:45 pm  
Res. \$45.00 Non-Res. \$55.00

Enroll in any aerobic class and automatically qualify for the Aerobics Punch Pass upgrade (good only for the Session you enroll in). The Aerobics Punch Pass up-grade allows for flexibility between other classes and is available in 5 punch pass, 10 punch pass or 15 punch pass increments. The Punch Pass will expire at the end of the Session you enroll in and cannot be carried over to the next session of enrollment. Punch Pass may only be used by the person purchasing the Punch Pass (photo ID will be required).

5 Punch Fitness Pass Res. \$35.00 Non-Res. \$40.00

10 Punch Fitness Pass Res. \$50.00 Non-Res. \$55.00

15 Punch Fitness Pass Res. \$68.00 Non-Res. \$73.00

# Youth Aquatics Programming

## Children's Scuba

Please choose one 2-hour session from the times, days and dates listed below:

June 11th-August 17th  
Monday 9:30-11:30am  
Wednesday 9:30-11:30am  
Friday 9:30-11:30am

Morgan Hill Resident: \$75  
Non-resident: \$85  
Morgan Hill Resident Multiple Scuba Class Rate: \$60  
Non-resident Multiple Scuba Class Rate: \$70



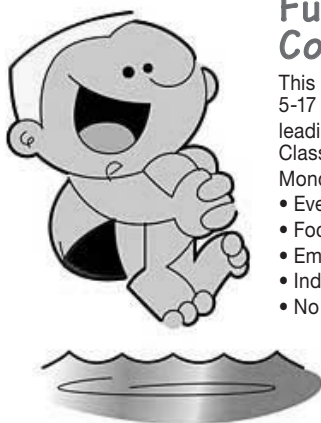
## Padi Bubble Maker Course- 8-9 years of age

Kids- for young adventurers like you, the bubble maker program is an introduction to the thrill of breathing underwater. If you're 8 or 9 years of age, now is your chance to take the plunge with a padi instructor and go pool diving. Each class is 2 hours in length.

## PADI Discover Scuba - 10 years plus

During this adventure, you will master some basic concepts and scuba skills that will start you on the path to experiencing all the wonder that the other 70% of our planet holds. Each Class is 2 hours in Length.

In addition to being really fun, the PADI's Discover Scuba programs are also a great way to get a head start on your PADI Scuba Diver or Open Water Diver certifications. These classes will be credited to any Scuba training you do in the future.



## Fun 'N' Fit Swim Conditioning

This is an introductory program, for ages 5-17 years, leading to potentially joining a swim team. Class is

Monday through Thursday and features:

- Everybody Wins Philosophy
- Focus on FUN
- Emphasis on the four competitive strokes
- Individual recognition for all participants
- No USA Swimming Registration is required
- Must be able to swim one length (25 yards) free-style, one length (25 yards) back-stroke, and 15 yards breast-stroke
- No swim meet requirements

Session 1: June 4th - July 5th 4:00-5:00pm Activity#:4600.101  
(No Class on July 4th)  
Session 2: July 16th - Aug. 16th 4:00-5:00pm Activity#:4600.201  
Resident: \$55.00 Non-Resident: \$65.00



## Wetball

Wetball is a program designed to introduce children to the basic skills of water polo with an emphasis on fun and participation. Wetball is played in the shallow end of the pool so strong swimming skills are not necessary. Wetball is accessible for all children!! Stay tuned for further details about this program.

Friday and Saturday

June 24nd - August 11th 10:00-11:00am  
(No Class August 4th)

Activity #:4700.100

Resident: \$80.00 Non-Resident: \$90.00



## Aqua Tots

Just for the young ones!!!! Experience the Aquatics Center when it is a little quieter in our Recreation Pool. This program is just for parents with their young children ages 5 and under. The Aquatics Center will provide the toys, you provide the fun! The play structure will be on and the slides will be off allowing for participants to use the entire pool for their enjoyment.

Every Friday from June 15th - August 17th 10:00am-11:00am  
Resident \$70.00 (one adult and 2 children)  
Non-Resident \$80.00 (one adult and 2 children)



# Group Swim Lessons



## Group Lesson Schedule:

All Group Lessons are offered in 8, ½ hour lessons, Monday - Thursday, over a two week session as follows except for Session 2:

Session 1: June 18 to June 28  
 Session 2: July 2 to July 12\*  
 (No Class July 4th/No Makeup)  
 Session 3: July 16 to July 26  
 Session 4: July 30 to August 9

### SWIM LESSON FEE:

Group Lessons for all programs and levels\*  
 City Resident \$66 per Session  
 Non-Resident \$76 per Session

\*City Resident \$58 per Session  
 \*Non-Resident \$67 per Session

*Every paid session of group lessons includes one free level appropriate tee-shirt. Additional tee-shirts available for \$10 a piece.*

## "CUTTLE FISH" PARENT/TOT PROGRAM:

This program is designed to teach children how to become accustomed to the water through playful interaction and games. Parents learn about aquatic safety for children. These lessons take place in the zero-depth entry recreational pool specifically designed for children to overcome any fear and progressively become accustomed to the water at various depths. Parents must accompany children in the water and children must wear swim diapers which can be purchased at the Aquatics Center. This class does not teach children to be accomplished swimmer or survive in the water by themselves. For participant ease, this program is divided into two classes; Cuttle Fish A and Cuttle Fish B.

### Cuttle Fish A

Ages: 6 months-17 months

Prerequisites: Parent participation is required

Skills Checklist:

- Infant skills-
  - ✓ Water adjustment, getting wet
  - ✓ Exploring the pool, holding positions
  - ✓ Front kick
  - ✓ Front glide, readiness, passing, drafting
  - ✓ Underwater exploration, readiness, bubble blowing, scooping
  - ✓ Back float, adjusting to water in back position, readiness
  - ✓ Rolling over, front to back & back to front
  - ✓ Arm movement, front position, combined with kicking
  - ✓ Exit water, parent carrying child



### Cuttle Fish B

Ages: 18 months-35 months

Prerequisites: Parent participation is required

Toddler skills-

- ✓ Front glide, drifting with breathing
- ✓ Underwater exploration, bobbing, opening eyes
- ✓ Arm movement on back, finning combined with kicking
- ✓ Changing positions, vertical to front & vertical to back float positions
- ✓ Kick up to surface
- ✓ Exit independently at side of pool or using ladder or stairs

## PRESCHOOL PROGRAM:

This program teaches swimming skills in several levels. There are several options in this program that allow pre-school children to continue their progress in swimming. As children become proficient at each level, they progress to the next level. The levels allow for further advancement while keeping children in classes with their peers. Children may begin at any level that best matches their swimming proficiency.

### "Clown Fish" Level I

Ages: 3-5 years

Prerequisites: No swimming skills are required. Parent participation is optional but if the parent chooses not to participate then the student must be able to take direction from the instructor.



Skills Checklist:

- ✓ Enter water safely, enter using stairs and rolling over from side of pool
- ✓ Bubble blowing, opening eyes under water, underwater exploration
- ✓ Introduction to supported front float
- ✓ Introduction to supported back float
- ✓ Supported front kicking
- ✓ Supported back kicking
- ✓ Front glide readiness with breathing
- ✓ Back glide readiness
- ✓ Introduction to alternating arm movement
- ✓ Learn basic water safety rules
- ✓ Familiarity with getting help
- ✓ Reaching assist without equipment
- ✓ Wear lifejacket on deck and enter shallow water

### "Jelly Fish" Level II

Ages: 3-5 years

Prerequisites: Clown Fish skills or the student should be comfortable in the water and able to take direction from the instructor.

Skills Checklist:

- ✓ Hold breath and fully submerge head, bobbing with controlled breathing
- ✓ Supported front float
- ✓ Supported back float
- ✓ Front glide and recover with support
- ✓ Back glide and recover with support
- ✓ Front glide with flutter kick supported
- ✓ Back glide with flutter kick supported
- ✓ Front crawl arm action
- ✓ Back crawl arm action
- ✓ Submerge and retrieve object from chest deep water
- ✓ Explore deep water with support
- ✓ Discuss role of all safety personnel
- ✓ Demonstrate reaching assist with equipment
- ✓ Demonstrate how to relieve a cramp



### "Balloon Fish" Level III

Ages: 3-5 years

Prerequisites: Jelly Fish skills

Skills Checklist:

- ✓ Rhythmic bobs (10 times)
- ✓ Unsupported front float
- ✓ Unsupported back float
- ✓ Unsupported front glide and recover (2 body lengths)
- ✓ Unsupported back glide and recover (2 body lengths)
- ✓ Front glide with flutter kick
- ✓ Back glide with flutter kick
- ✓ Front crawl arm movement and flutter kick (5 yards)
- ✓ Back crawl arm movement and flutter kick (5 yards)
- ✓ Introduction to side breathing
- ✓ Demonstrate rolling over from front glide to back glide
- ✓ Demonstrate rolling over from back glide to front glide
- ✓ Introduction to finning
- ✓ Float face up in shallow water with a lifejacket on (1 minute)
- ✓ Demonstrate assisting non-swimmer to feet
- ✓ Become familiar with rescue breathing



# Group Swim Lessons continued

## "Flying Fish" Level IV

Ages: 3-5 years

Prerequisite skills: Balloon Fish skills

Skills Checklist:

- ✓ Bob in water slightly over head to safety
- ✓ Jump into deep water from side of pool
- ✓ Swim front crawl with side breathing (15 yards)
- ✓ Swim back crawl (15 yards)
- ✓ Demonstrate elementary backstroke kick
- ✓ Compact and kneeling dive from side of pool
- ✓ Treading water in deep water
- ✓ Jump into deep water with lifejackets on
- ✓ Demonstrate H.E.L.P. position (1 minute)
- ✓ Demonstrate huddle position (1 minute)
- ✓ Demonstrate correct technique for opening airway for rescue breathing



## "Pelican" Level III

Ages: 6-12 years

Prerequisites: Sting Ray Skills (or Flying Fish Skills)

Skills Checklist:

- ✓ Unsupported front glide with kick
- ✓ Unsupported back glide with kick
- ✓ Jump into deep water from side
- ✓ Front crawl stroke with rotary breathing (15 yards)
- ✓ Back crawl stroke (15 yards)
- ✓ Treading water (30 seconds)
- ✓ Butterfly kick and body motion
- ✓ Survival float on back
- ✓ Sitting and kneeling dive (shallow dive progression)
- ✓ Rules for safe diving
- ✓ H.E.L.P. position
- ✓ Huddle position



## "Great White" Level VI

Ages: 6-12 years

Prerequisites: Crocodile skills

Skills Checklist:

- ✓ Front crawl open turn
- ✓ Back crawl open turn
- ✓ Front crawl with rotary breathing (100 yards)
- ✓ Back crawl (100 yards)
- ✓ Elementary Backstroke (50 yards)
- ✓ Breaststroke (50 yards)
- ✓ Butterfly Stroke (50 yards)
- ✓ Sidestroke (50 yards)
- ✓ Treading water (3 minutes)
- ✓ Treading water kicking only
- ✓ Swim continuous 500 yards with any combination of strokes
- ✓ Retrieve diving brick from 8-10 in feet deep water
- ✓ Recognizing spinal injury



## PROGRESSIVE LEVEL PROGRAM:

This program teaches a variety of swimming skills from beginner to more advanced principles. Each level builds upon those skills taught in the previous levels. Parents may enroll children at any level for which they have adequate skills.

## "Sea Turtle" Level I

Ages: 6-12 years

Prerequisites: No swimming skills required

Skills Checklist:

- ✓ Enter and exit pool safely
- ✓ Submerge mouth, nose, and
- ✓ Open eyes under water
- ✓ Pick up submerged object under water
- ✓ Exhale underwater through mouth and nose
- ✓ Front Float (supported and unsupported)
- ✓ Back Float (supported and unsupported)
- ✓ Roll over from front glide to back glide
- ✓ Roll over from back glide to front glide
- ✓ Front swimming with arm and leg actions
- ✓ Back swimming with arm and leg actions
- ✓ Discuss basic water safety rules
- ✓ Demonstrate proper use of a lifejacket



## "Platypus" Level IV

Ages: 6-12 years

Prerequisites: Pelican skills

Skills Checklist:

- ✓ Front crawl with rotary breathing (25 yards)
- ✓ Back crawl (25 yards)
- ✓ Elementary backstroke (15 yards)
- ✓ Breaststroke (15 yards)
- ✓ Introduction to butterfly stroke
- ✓ Tread water (1 minute)
- ✓ Swim underwater
- ✓ Open turn on front, push-off streamlined position
- ✓ Open turn on back, push-off streamlined position
- ✓ Scissors kick
- ✓ Survival float on back (1 minute)
- ✓ Discuss safe diving rules
- ✓ Diving from stride position (shallow dive)
- ✓ Demonstrate a throwing assist
- ✓ Feet-first surface dive in deep water
- ✓ Care for conscious choking victim



## TEEN/ ADULT SWIMMING INSTRUCTION:

For anyone age 13 or older.

These classes are designed for teens and adults who desire to learn to swim. Teen/Adult classes are able to be tailored more toward the individual's skill level using adult learning techniques.

**Teen Intermediate:** For teens (ages 13-17) who have learned the basics of front and back crawl coordination and would like to learn more intermediate techniques, such as breaststroke, sidestroke, butterfly and diving. Classes are paced to the individual's skill level. Classes will be held in the instructional pool and the competition pool.

**Adult Beginner:** For adults (ages 18 and older) who do not know how to swim but want to learn. Emphasis is placed on water safety and basic swimming strokes such as treading water and front and back crawl coordination. Classes are paced to the individual's skill level. Classes will be held in the instructional pool and the competition pool.

## "Sting Ray" Level II

Ages: 6-12 years

Prerequisites: Sea Turtle skills and the child should be comfortable in the water

Skills Checklist:

- ✓ Submerging entire head
- ✓ Jump in from side of pool (shallow water)
- ✓ Unsupported front float
- ✓ Unsupported back float
- ✓ Front glide (supported and unsupported)
- ✓ Back glide (supported and unsupported)
- ✓ Finning arm action
- ✓ Sculling arm action
- ✓ Rhythmic bobs (10 times)
- ✓ Jellyfish float
- ✓ Treading water using arm and leg motions
- ✓ Swimming using combined stroke on front (15 feet)
- ✓ Swimming using combined stroke on back (15 feet)
- ✓ Moving in water while wearing a life jacket
- ✓ Recognizing a swimmer in distress and getting help



## "Crocodile" Level V

Ages: 6-12 years

Prerequisites: Platypus skills

Skills Checklist:

- ✓ Front crawl with rotary breathing (50 yards)
- ✓ Back crawl (50 yards)
- ✓ Elementary Backstroke (25 yards)
- ✓ Breaststroke (25 yards)
- ✓ Butterfly Stroke (15 yards)
- ✓ Tread water (2 minutes)
- ✓ Introduction to sidestroke
- ✓ Shallow dive with glide
- ✓ Flip turn while swimming on front
- ✓ Flip turn while swimming on back
- ✓ Performing rescue breathing
- ✓ Introduction to tuck surface dive and pike surface dive



# Group Swim Lessons continued

CLASS NAME	SESSION 1 6/18-6/28	Activity #	SESSION 2 7/2-7/12	Activity #	SESSION 3 7/16-7/26	Activity #	SESSION 4 7/30-8/9	Activity #
CUTTLE FISH A	10:15	4000.100	10:15	4000.200	10:15	4000.300	10:15	4000.400
	4:50	4000.101	4:50	4000.201	4:50	4000.301	4:50	4000.401
CUTTLE FISH B	10:50	4002.101	10:50	4002.201	10:50	4002.300	10:50	4002.400
	5:25	4002.102	5:25	4002.202	5:25	4002.301	5:25	4002.401
CLOWN FISH	8:30	4003.100	8:30	4003.200	8:30	4003.300	8:30	4003.400
	8:30	4003.101	8:30	4003.201	8:30	4003.301	8:30	4003.401
	9:05	4003.102	9:05	4003.202	9:05	4003.302	9:05	4003.402
	9:40	4003.103	9:40	4003.203	9:40	4003.303	9:40	4003.403
	9:40	4003.104	9:40	4003.204	9:40	4003.304	9:40	4003.404
	10:15	4003.105	10:15	4003.205	10:15	4003.305	10:15	4003.405
	10:50	4003.106	10:50	4003.206	10:50	4003.306	10:50	4003.406
	4:15	4003.107	4:15	4003.207	4:15	4003.307	4:15	4003.407
	4:15	4003.108	4:15	4003.208	4:15	4003.308	4:15	4003.408
	4:50	4003.109	4:50	4003.209	4:50	4003.309	4:50	4003.409
	5:25	4003.110	5:25	4003.210	5:25	4003.310	5:25	4003.410
	6:00	4003.111	6:00	4003.211	6:00	4003.311	6:00	4003.411
	6:35	4003.112	6:35	4003.212	6:35	4003.312	6:35	4003.412
JELLY FISH	8:30	4004.100	8:30	4004.200	8:30	4004.300	8:30	4004.400
	9:05	4004.101	9:05	4004.201	9:05	4004.301	9:05	4004.401
	9:05	4004.102	9:05	4004.202	9:05	4004.302	9:05	4004.402
	9:40	4004.103	9:40	4004.203	9:40	4004.303	9:40	4004.403
	10:15	4004.104	10:15	4004.204	10:15	4004.304	10:15	4004.404
	10:15	4004.105	10:15	4004.205	10:15	4004.305	10:15	4004.405
	10:50	4004.106	10:50	4004.206	10:50	4004.306	10:50	4004.406
	4:15	4004.107	4:15	4004.207	4:15	4004.307	4:15	4004.407
	4:50	4004.108	4:50	4004.208	4:50	4004.308	4:50	4004.408
	5:25	4004.109	5:25	4004.209	5:25	4004.309	5:25	4004.409
	6:00	4004.110	6:00	4004.210	6:00	4004.310	6:00	4004.410
	6:00	4004.111	6:00	4004.211	6:00	4004.311	6:00	4004.411
	6:35	4004.112	6:35	4004.212	6:35	4004.312	6:35	4004.412
BALLOON FISH	8:30	4005.100	8:30	4005.200	8:30	4005.300	8:30	4005.400
	9:05	4005.101	9:05	4005.201	9:05	4005.301	9:05	4005.401
	9:40	4005.102	9:40	4005.202	9:40	4005.302	9:40	4005.402
	10:15	4005.103	10:15	4005.203	10:15	4005.303	10:15	4005.403
	10:50	4005.104	10:50	4005.204	10:50	4005.304	10:50	4005.404
	10:50	4005.105	10:50	4005.205	10:50	4005.305	10:50	4005.405
	4:15	4005.106	4:15	4005.206	4:15	4005.306	4:15	4005.406
	4:50	4005.107	4:50	4005.207	4:50	4005.307	4:50	4005.407
	5:25	4005.108	5:25	4005.208	5:25	4005.308	5:25	4005.408
	6:00	4005.109	6:00	4005.209	6:00	4005.309	6:00	4005.409
	6:35	4005.110	6:35	4005.210	6:35	4005.310	6:35	4005.410



# Group Swim Lessons continued

CLASS NAME	SESSION 1 6/18-6/28	Activity #	SESSION 2 7/2-7/12	Activity #	SESSION 3 7/16-7/26	Activity #	SESSION 4 7/30-8/9	Activity #
FLYING FISH	9:05	4006.100	9:05	4006.200	9:05	4006.300	9:05	4006.400
	10:15	4006.101	10:15	4006.201	10:15	4006.301	10:15	4006.401
	4:50	4006.102	4:50	4006.202	4:50	4006.302	4:50	4006.402
	6:00	4006.103	6:00	4006.203	6:00	4006.303	6:00	4006.403
SEA TURTLE	8:30	4007.100	8:30	4007.200	8:30	4007.300	8:30	4007.400
	10:15	4007.101	10:15	4007.201	10:15	4007.301	10:15	4007.401
	10:50	4007.102	10:50	4007.202	10:50	4007.302	10:50	4007.402
	4:15	4007.103	4:15	4007.203	4:15	4007.303	4:15	4007.403
	4:50	4007.104	4:50	4007.204	4:50	4007.304	4:50	4007.404
	5:25	4007.105	5:25	4007.205	5:25	4007.305	5:25	4007.405
	6:35	4007.106	6:35	4007.206	6:35	4007.306	6:35	4007.406
STING RAY	9:05	4008.100	9:05	4008.200	9:05	4008.300	9:05	4008.400
	9:40	4008.101	9:40	4008.201	9:40	4008.301	9:40	4008.401
	10:50	4008.102	10:50	4008.202	10:50	4008.302	10:50	4008.402
	4:15	4008.103	4:15	4008.203	4:15	4008.303	4:15	4008.403
	4:50	4008.104	4:50	4008.204	4:50	4008.304	4:50	4008.404
	5:25	4008.105	5:25	4008.205	5:25	4008.305	5:25	4008.405
	6:35	4008.106	6:35	4008.206	6:35	4008.306	6:35	4008.406
PELICAN	8:30	4009.100	8:30	4009.200	8:30	4009.300	8:30	4009.400
	9:05	4009.101	9:05	4009.201	9:05	4009.301	9:05	4009.401
	9:40	4009.102	9:40	4009.202	9:40	4009.302	9:40	4009.402
	10:15	4009.103	10:15	4009.203	10:15	4009.303	10:15	4009.403
	10:50	4009.104	10:50	4009.204	10:50	4009.304	10:50	4009.404
	4:15	4009.105	4:15	4009.205	4:15	4009.305	4:15	4009.405
	4:50	4009.106	4:50	4009.206	4:50	4009.306	4:50	4009.406
	5:25	4009.107	5:25	4009.207	5:25	4009.307	5:25	4009.407
	6:00	4009.108	6:00	4009.208	6:00	4009.308	6:00	4009.408
	6:35	4009.109	6:35	4009.209	6:35	4009.309	6:35	4009.409
PLATYPUS	8:30	4010.100	8:30	4010.200	8:30	4010.300	8:30	4010.400
	9:05	4010.101	9:05	4010.201	9:05	4010.301	9:05	4010.401
	9:40	4010.102	9:40	4010.202	9:40	4010.302	9:40	4010.402
	4:15	4010.103	4:15	4010.203	4:15	4010.303	4:15	4010.403
	6:00	4010.104	6:00	4010.204	6:00	4010.304	6:00	4010.404
	6:35	4010.105	6:35	4010.205	6:35	4010.305	6:35	4010.405
CROCODILE	8:30	4011.100	8:30	4011.200	8:30	4011.300	8:30	4011.400
	5:25	4011.101	5:25	4011.201	5:25	4011.301	5:25	4011.401
GREAT WHITE	6:00	4012.100	6:00	4012.200	6:00	4012.300	6:00	4012.400
TEEN INTER.	9:40	3500.100	9:40	3500.200	9:40	3500.300	9:40	3500.400
ADULT BEG.	6:35	3502.100	6:35	3502.200	6:35	3503.300	6:35	3503.400

# Private Swim Lessons

## Private Swim Lessons:

Private Swim Lessons are for ages 3 years through adult, and are for any level of ability. Instruction is geared toward the individual student's ability. Private Swim Lessons are offered as a 2 week session with a total of 4 classes, thirty minutes in length per class. Choose either M/W or T/Th classes. One student/participant is enrolled in the entire 2 week session. The Morgan Hill Aquatics Center does not accept rescheduling of missed classes for this program. Session 2 M/W is the only session with 3 classes due to the 4th of July Holiday and the fee for that session is adjusted accordingly.

Registration for these classes is on a first come, first served basis and space is limited.

Session 1: M/W June 18th - June 27th  
T/Th June 19th - June 28th

Session 2: M/W July 2nd - July 11th  
T/Th July 3rd - July 12th

Session 3: M/W July 16th - July 25th  
T/Th July 17th - July 26th

Session 4: M/W July 30th - August 8th  
T/Th July 31st - August 9th

Resident: \$110

Non-Resident: \$122.50

(Session 2 M/W fee: \$83.00)

(Session 2 M/W fee: \$93.00)



Session 1	M/W 6/18-6/27		T/Th 6/19-6/28	Session 2	M/W 7/2-7/11		T/TH 7/3-7/12
Time	Activity #	Time	Activity #	Time	Activity #	Time	Activity #
8:30	4500.100	8:30	4501.100	8:30	4500.200	8:30	4501.200
8:30	4500.101	8:30	4501.101	8:30	4500.201	8:30	4501.201
9:00	4500.102	9:00	4501.102	9:00	4500.202	9:00	4501.202
9:00	4500.103	9:00	4501.103	9:00	4500.203	9:00	4501.203
9:30	4500.104	9:30	4501.104	9:30	4500.204	9:30	4501.204
9:30	4500.105	9:30	4501.105	9:30	4500.205	9:30	4501.205
10:00	4500.106	10:00	4501.106	10:00	4500.206	10:00	4501.206
10:00	4500.107	10:00	4501.107	10:00	4500.207	10:00	4501.207
10:30	4500.108	10:30	4501.108	10:30	4500.208	10:30	4501.208
10:30	4500.109	10:30	4501.109	10:30	4500.209	10:30	4501.209
11:00	4500.110	11:00	4501.110	11:00	4500.210	11:00	4501.210
11:00	4500.111	11:00	4501.111	11:00	4500.211	11:00	4501.211
4:30	4500.112	4:30	4501.112	4:30	4500.212	4:30	4501.212
4:30	4500.113	4:30	4501.113	4:30	4500.213	4:30	4501.213
5:00	4500.114	5:00	4501.114	5:00	4500.214	5:00	4501.214
5:00	4500.115	5:00	4501.115	5:00	4500.215	5:00	4501.215
5:30	4500.116	5:30	4501.116	5:30	4500.216	5:30	4501.216
5:30	4500.117	5:30	4501.117	5:30	4500.217	5:30	4501.217
6:00	4500.118	6:00	4501.118	6:00	4500.218	6:00	4501.218
6:00	4500.119	6:00	4501.119	6:00	4500.219	6:00	4501.219
6:30	4500.120	6:30	4501.120	6:30	4500.220	6:30	4501.220
6:30	4500.121	6:30	4501.121	6:30	4500.221	6:30	4501.221

Session 3	M/W 7/16-7/25		T/TH 7/17-7/26	Session 4	M/W 7/30-8/8		T/TH 7/31-8/9
Time	Activity #	Time	Activity #	Time	Activity #	Time	Activity #
8:30	4500.300	8:30	4501.300	8:30	4500.400	8:30	4501.400
8:30	4500.301	8:30	4501.301	8:30	4500.401	8:30	4501.401
9:00	4500.302	9:00	4501.302	9:00	4500.402	9:00	4501.402
9:00	4500.303	9:00	4501.303	9:00	4500.403	9:00	4501.403
9:30	4500.304	9:30	4501.304	9:30	4500.404	9:30	4501.404
9:30	4500.305	9:30	4501.305	9:30	4500.405	9:30	4501.405
10:00	4500.306	10:00	4501.306	10:00	4500.406	10:00	4501.406
10:00	4500.307	10:00	4501.307	10:00	4500.407	10:00	4501.407
10:30	4500.308	10:30	4501.308	10:30	4500.408	10:30	4501.408
10:30	4500.309	10:30	4501.309	10:30	4500.409	10:30	4501.409
11:00	4500.310	11:00	4501.310	11:00	4500.410	11:00	4501.410
11:00	4500.311	11:00	4501.311	11:00	4500.411	11:00	4501.411
4:30	4500.312	4:30	4501.312	4:30	4500.412	4:30	4501.412
4:30	4500.313	4:30	4501.313	4:30	4500.413	4:30	4501.413
5:00	4500.314	5:00	4501.314	5:00	4500.414	5:00	4501.414
5:00	4500.315	5:00	4501.315	5:00	4500.415	5:00	4501.415
5:30	4500.316	5:30	4501.316	5:30	4500.416	5:30	4501.416
5:30	4500.317	5:30	4501.317	5:30	4500.417	5:30	4501.417
6:00	4500.318	6:00	4501.318	6:00	4500.418	6:00	4501.418
6:00	4500.319	6:00	4501.319	6:00	4500.419	6:00	4501.419
6:30	4500.320	6:30	4501.320	6:30	4500.420	6:30	4501.420
6:30	4500.321	6:30	4501.321	6:30	4500.421	6:30	4501.421





#### Facility Location

171 West Edmundson, Morgan Hill, CA 95037  
(408) 782-2128

#### Hours of Operation

Monday-Friday 5am-10pm  
Saturday 6:30am-8pm  
Sunday 8am-6pm

#### \*Kids Zone Hours

Monday-Friday: 8:00am-1:00pm & 4pm-8:30pm  
Saturday: 8:30am-12pm

\*See Kids Zone section for more information

#### Holiday Hours

Easter Sunday Closed  
Memorial Day Closed  
Independence Day Closed  
Labor Day Closed

\*Holiday hours subject to change. Please call ahead to confirm.

### Day Passes Available

#### Centennial Recreation Center Staff

Recreation Supervisor	Chris Ghione 782-2128 x 801 chris.ghione@mhcrc.com
Associate Executive Director	Malcolm Myers 782-2128 x 802 malcolm.myers@mhcrc.com
Municipal Services Assistant	Shelly Yowell 782-2128 x 803 shelly.yowell@mhcrc.com
Health & Fitness Director	Mary Nguyen 782-2128 x 804 mary.nguyen@mhcrc.com
Recreation Coordinator	Theresa Magno 782-2128 x 806 theresa.magno@mhcrc.com
Nutrition Site Manager	Patricia Wyman 782-2128 x 809 patricia.wyman@mhcrc.com
Teen Specialist	Halida Mesinovic 782-2128 x 807 Halida.mesinovic@mhcrc.com
Kids Zone Coordinator	Andrea Nicolette andrea.nicolette@mhcrc.com 782-2128 x 812
Facility Specialist	Fred Gomez fred.gomez@mhcrc.com 782-2128 x 810

## CRC Membership

### ABOUT THE FACILITY


The Centennial Recreation Center offers a wide variety of fitness and recreational options for the whole family. This 52,000 square foot facility offers a fitness center with strength and cardio equipment, group exercise studio that includes aerobics, Yoga, Pilates and group cycling, gymnasium with youth and adult open gym and leagues, kids zone(babysitting while you workout), indoor pool with slide and water features, senior center and senior nutrition program, Teen Center, Locker rooms, and meeting rooms.

### BENEFITS OF MEMBERSHIP

- Free group exercise classes
- Free aqua fitness classes
- Free lap and recreational swimming
- Free access for your children (up to age 21)
- Free use of open gym - volleyball / basketball / badminton
- Member prices for swim lessons and specialty classes
- Free access to all the YMCA of Santa Clara Valley branches
- Use of YMCA facilities around the country while traveling
- Aquatics Center discounts

### HERE'S HOW YOU CAN GET INVOLVED:

- You can come to the Senior or Teen Center(s) for free.
- You can join the fitness facility as an individual or family member.
- You can pay to sign up for a specific class.
- You can buy a Day Pass for a single visit.



## Kids Zone

**Babysitting while you workout**

Ages: 6 weeks - 12 years

**FEE**

**Free for Facility Members.**  
Please show membership card to welcome center staff.

**Drop in fee for non-members \$4.**  
Register at welcome center and bring pass to kids zone

**HOURS**

Monday-Friday  
8:00am-1:00pm and  
4pm-8:30pm

Saturday 8:30am-12pm

\*Parent/Guardian must remain in the building at all times



Type	Member (resident)	Member (non-resident)	Non-member (resident)	Non-member (non-resident)
Membership Processing Fee	\$50-Adult \$75-Family	\$50-Adult \$75-Family	-	-
Adult Membership	\$52/mo	\$56/mo	-	-
Family Membership	\$76/mo	\$82/mo	-	-
Special Hours	\$39/mo	\$43/mo	-	-
Adult Plus	\$35/mo	\$39/mo	-	-
Teen	\$25/mo	\$29/mo	-	-
Add-on YMCA Membership	FREE	FREE	Fee	Fee
Core class	FREE	FREE	Day Pass + \$5	Day Pass + \$5
Swim Lessons	Member Fee	Member Fee+ \$10	Non-member Fee	Non-member Fee + \$10
Day Pass	-	-	\$7-Adult \$5-Youth	\$9-Adult \$7-Youth

## MEMBERSHIP CATEGORIES

**Adult:** Includes one adult and all children through the age of 21 living at the same address. Access all hours, all core programs.

**Family:** Two adults and all children through age of 21 living at the same address. Access all hours, all core programs.

**Special Hours:** One adult, designed for seniors and those with flexible schedules. Access from 10a.m to 4p.m weekdays and any time on the weekends. Access all core programs during these hours.

**Adult Plus:** Additional adult to a family membership, ages 19 or older, living at the same address. Access all hours, all core programs.

**Teen:** One teen, ages 13-18. Access all hours, all core programs.

## ADDITIONAL NOTES REGARDING FEES:

Core fitness classes and Fitlinxx are free for members. The following are included with a membership.

- Group exercise classes
- Group cycling classes
- Fitness orientation
- Open gym
- Lap swim, aqua fitness, recreational swim



## FITNESS CENTER

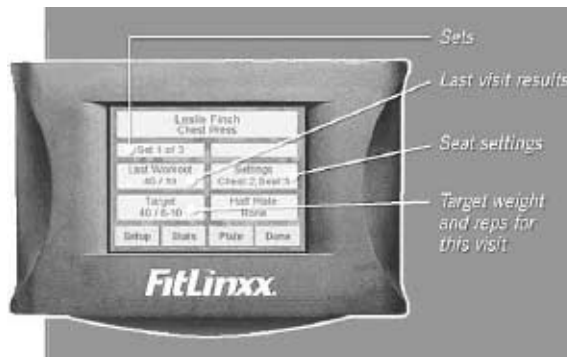
Our Fitness Center offers selectorized Cybex strength equipment, cardiovascular equipment which includes treadmills, elliptical machines, Cross Trainers, Recumbent Bikes and free weights. The CRC provides certified professionally trained staff who are there to assist you and help you reach your fitness goals.

## NEW MEMBER ORIENTATION

One of the premium benefits of joining the CRC as a member is the opportunity to learn how to use our fully equipped Fitness Center to your best advantage. The CRC offers all Facility Members free one-on-one orientations with our trained fitness coaches. Make your appointment today at the Welcome Center!

## FITLINXX

FitLinxx is an interactive computerized fitness network designed to make sure you get a personalized workout each time you exercise. The system is designed to give you instant feedback while you exercise on the Cybex equipment and for your fitness coach to monitor your progress and help you reach your fitness goals. Each piece of equipment works on a specific muscle group and is safe, effective and easy to use. Sign up now for a free orientation.



## GROUP EXERCISE CLASSES

The CRC offers a wide variety of fitness classes. We strive to accommodate all levels of fitness. If you are new to class, please let your instructor know.

She/he may recommend appropriate modifications. You are encouraged to work out at your own pace. Have fun!



### Group Exercise Schedule

Visit our website at [www.mhcr.com](http://www.mhcr.com) or call 782-2128 for more information.

## GYMNASIUM

The CRC offers a full court gymnasium. The gymnasium is available for Open Gym Volleyball, Basketball and Badminton, and Youth and Adult Sports Leagues. Please check with the welcome center for gymnasium schedule. Adult Basketball Leagues will be starting in June.



### Gym Schedule

Visit our website at [www.mhcr.com](http://www.mhcr.com) or call 782-2128 for more information.

## CLASS DESCRIPTIONS

**Aerobics Lite:** If you want a slower paced workout this is the class for you! You are encouraged to work at your own pace. This is a great class for beginners or active older adults.

**Body Sculpt:** An exciting class incorporating exercises to help strengthen and tone all major muscle groups.

**Boot Camp:** Enjoy a full body workout that allows you to be challenged as much as you want. A unique blend of intense cardio training and muscle conditioning exercises. Run, jump, leap, shuffle, pump, and push your way to better fitness with the class designed to provide the ultimate in agility and cross training.

**Ultimate Conditioning:** This class is set to provide an exciting, and challenging atmosphere. This ultimate cardio fitness class includes indoor and outdoor activities that will strengthen your core, increase speed, agility, flexibility and conditioning through circuit, interval and plyometric training for a solid workout!

**Easy Riders:** This class is designed for 50+ and older active adults who may enjoy a low impact modified cycling without the stresses associated with extreme cyclists. This class will provide a unique forum for active older adults to have an enjoyable time spinning the silver pedals with their peers towards a healthy lifestyle.

**Group Cycling:** Non-impact class conducted on a stationary bike. Appropriate for all levels. Go at your own pace and make it as challenging as you like.

**Jazz It Up:** This is a fun and exciting jazzy aerobic fitness class designed to provide some fun and cardio fitness.

**Family Jazz It Up:** This class is a Jazz It Up class for families. This is a fun and exciting opportunity for parents and their little ones to enjoy cardio aerobic fitness with jazz music!

**Kick Boxing:** Kick, punch, jab, and power your way through this cardiovascular and muscular endurance workout.

**Lo Impact Arthritis:** This class is approved by the Arthritis Foundation. Instructor is certified with both the YMCA and the Northern California Arthritis Foundation. This class will focus on keeping the joints flexible, obtaining muscle strength in and around the joints; and improving overall health and fitness

**Pilates:** A mat based workout that will strengthen and lengthen your muscles, helps improve posture, enhance stability, increase core muscle strength and improve flexibility.

**Latin Cardio Fusion:** A mixture of all various Latin moves in a cardio fitness class! Feel your hips move and feet sway to the music and enjoy the fitness workout you'll get from this fun class.

**Step:** This low impact, high intensity class is designed to enhance cardio-respiratory endurance. Adjustable height benches accommodate multiple fitness levels and allow you to control your own intensity.

**Beginning Yoga:** A class designed to increase flexibility, relieve stress, improve mental concentration and achieve greater body awareness.

**Yoga II & III:** This class is for students who have been practicing yoga regularly. Students must be ready to practice inversions, backbends and arm balances.

**Power Pilates:** Incorporating body bars and rings under the concepts of Pilate's infrastructure.

**Stability Ball & Body Sculpt Combo:** This class utilizes the stability ball for core strengthening and balance improvement along with body bars and dumbbells for further toning and sculpting.

**Teen Boot Camp:** The ultimate conditioning class for teens who want to increase stamina, endurance, gain strength and enjoy a 45 minute intense fitness workout!!!



## Adult Sports Leagues

see page 20

**Men's Basketball**  
**Women's Basketball**  
**Coed Volleyball**

# Senior Center

The Senior Center provides a comfortable, fun and social environment for seniors from Morgan Hill, San Martin and Gilroy. The Senior Center is open from 8am-2pm. The Center provides programs and services from Outreach and referral services to parties, card games, speakers, senior nutrition, computers, exercise and more. The Senior Nutrition Program offers delicious weekday lunches and social time. Lunches are served at 12 noon. The Senior Aerobic Class is offered in the Senior Center with 2 classes on Tuesday and Friday from 10-11am and 11am-12pm. The computer co-pilots class will teach you all you need to know about computers! Please check out our senior newsletter to find out more about our asset building senior activities. Classes offered in the Senior Center are free unless otherwise indicated.



**FREE**  
Classes,  
Clubs and  
Activites  
for Seniors of all ages:

## BINGO

Who doesn't like Bingo? Come and join in on some fun games and activities before lunch!! We'll have an assortment of games, cards and bingo.

Location: Multi-purpose Room

Day: Mondays

Time: 10:00am

## "CROCHET & KNIT ME THIS" CLUB

This is an Active Older Adult club for those who absolutely enjoy the comforts of crocheting and knitting among their peers who may be able to share ideas, quick points,

suggestions, tips, and even designs!

Location: Activity Room 2

Day: Thursdays

Time: 10:00am

## FREE SPIRIT WALKING CLUB

Special class designed for Active Older Adults (45+) who enjoy walking and would like to meet twice a week to develop a relationship with their peers or have a wonderful opportunity to meet those who enjoy walking as well!! Walking is a great way to introduce cardio fitness and endurance. Maybe, this could be the place to share new walking paths and green belts in the neighborhood!

Location: Meet in Senior Lobby

Day: Mondays & Wednesday

Time: 10:00am

## THE "READERS" CLUB

This is for the Active Older Adult who finds reading a pleasure and want to gather to share stories or books they've read. So bring your books, or even choose a book to read together, which ever makes it fun for you, come join us and share a few books, a few stories and maybe, just maybe you'll make a few friends along the way too!

Location: Activity Room 2

Day: Wednesdays

Time: 10:00am

## "GREEN THUMB" GARDNEING CLUB

This is a club designed for Active Older Adults who absolutely find gardening fun and exciting. Bring in your tools to share what works! What's the best way to compost and who's got the green thumb! This is a place to meet peers who are botanist and gardening enthusiasts who would like to meet once a week to share gardening ideas, potting soil, nutrients, plant life, and if "you water it, it will grow!!"

Location: Activity Room 2

Day: Tuesdays

Time: 10:00am

## SR. MOVIE MATINEE

Spend a quiet and relaxing afternoon among friends on a Friday watching a matinee! Snacks will be provided but you may also bring a treat if you like! So, just bring yourself and a friend to enjoy the afternoon.

Location: Multi-purpose Room

Day: Fridays

Time: 1:00pm

Non-member Fee: \$2

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
9am Card Games	9am Card Games	9am Card Games	9am Card Games	9am Card Games
9am Dominoes	9am Dominoes	9am Dominoes	9am Dominoes	9am Dominoes
10-12 Computers	10-12 Computers	10-12 Computers	10-12 Computers	10-12 Computers
10am Walking	10am Sr. Aerobics	10am Walking	12:00 Lunch	10am Sr. Aerobics
12:00 Lunch	12:00 Lunch	12:00 Lunch	2pm Crochet	12:00 Lunch
1:30pm Bingo	2pm Gardening	1pm Computer Copilots		1pm Movie Matinee
		2pm Readers		



**Summer Pool  
Schedule  
June 9 - August 19**

# Swim Programs

## Lap Swim:

The Swimming Pool has the ability to accommodate three 20 yard lap lanes. During scheduled Lap Swim Times there will be a minimum of 1 lap lane available. Lap Swim times are as follows:

Monday-Friday 5:00am-9:30pm  
(Lap Swim WILL NOT be available during these times:  
11:45am-12:45pm and 7:00-8:00pm)  
Saturday 6:30am-7:30pm  
Sunday 8:00am-5:30pm

## Recreation Swim:

Monday-Thursday 9:30-11:30am & 5:00-7:00pm  
Friday 9:30-11:30am & 5:00-9:00pm (slide open 5-9)  
Saturday 12:00pm-5:00pm (slide open)  
Sunday 12:00pm-5:00pm (slide open)

## GROUP SWIM LESSONS

The CRC will ONLY be offering a limited amount of Swim Lessons during the summer season. For additional Swim Lesson information PLEASE refer to the Aquatics Center portion of the Recreation Guide starting on page 7.

All Group Lessons are offered as a four week class either a Mon/Wed or Tue/Thu for a total of 8 30 minute lessons.

- Session 1 Mon/Wed classes June 18th - July 11th (No class July 4th / prorated fee)
- Session 1 Tue/Thu classes June 19th - July 12th
- Session 2 Mon/Wed classes July 16th - August 8th
- Session 2 Tue/Thu classes July 17th - August 9th

Member Resident \$66 per Session  
Member Non-Resident & Non-Member Resident \$76 per Session  
Non-Member Non-Resident \$86 per Session

### Prorated fee for session 1 (M/W only)

Member Resident \$58 per Session  
Member Non-Resident & Non-Member Resident \$67 per Session  
Non-Member Non-Resident \$76 per Session

Time	Mon/Wed Classes		Tue/Thu Classes	
	June 18	July 16	June 19	July 17
CUTTLE FISH A 4:05p	5450.201	5450.203		
CUTTLE FISH B 4:40p	5450.202	5450.204	5450.205	5450.206
CLOWN FISH 3:30p 4:05p	5451.201	5451.202	5451.203 5451.204	5451.205 5451.206
JELLY FISH 3:30p 4:40p	5452.201 5452.202	5452.203 5452.204	5452.205	5452.206
BALLOON FISH 4:05p 4:40p	5453.201	5453.202	5453.203 5453.204	5453.205 5453.206

**\*\*CLASS DESCRIPTIONS can be found in the Aquatics Center portion of the Recreation Guide starting on page 7\*\***

## PRIVATE SWIM LESSONS

Private swim lessons for ages 3 years through adult, and for any level of ability, are available in a 4 week session. Instruction is geared toward the individual student's ability. The private swim lessons are offered as an eight class session that is thirty minutes in length per class. The sessions are either M/W or T/TH over four weeks. One student/participant is enrolled in the entire eight class session. The Centennial Recreation Center does not accept rescheduling of missed classes for this program. Due to the 4th of July Holiday, there will be a prorated fee for Session 1 M/W Private Swim Lessons. Registration for these classes is on a first come, first served basis.

### Session 1: M/W June 18th - July 11th (NO classes on July 4th)

Prorated Member Resident \$192  
Prorated Member Non-Resident & Non-Member Resident \$214  
Non-Member Non-Resident \$236

### Session 1: T/Th June 19th - July 12th

### Session 2: M/W July 16th - August 8th

### Session 2: T/Th July 17th - August 9th

Member Resident \$220.00  
Member Non-Resident & Non-Member Resident \$245.00  
Non-Member Non-Resident \$270.00

Time	Mon/Wed Classes		Tue/Thu Classes	
	June 18	July 16	June 19	July 17
3:30-4:00p	5460.201	5460.204	5460.207	5460.210
4:00-4:30p	5460.202	5460.205	5460.208	5460.211
4:30-5:00p	5460.203	5460.206	5460.209	5460.212

## COED AQUATIC FITNESS CLASSES

**SHALLOW TONE:** This shallow Water class is designed to accommodate all fitness levels. With a combination of cardiovascular conditioning, toning techniques, and strengthening exercise, this class will provide you with a total body workout minus the effect from hard surfaces. Aqua socks or tennis shoes are recommended.

**BEGINNER SCULPT:** A gentle cardiovascular and muscle toning class geared for the novice participant. Aqua socks or tennis shoes are recommended.



## Aqua Fitness Schedule

Visit our website at [www.mhrcrc.com](http://www.mhrcrc.com)  
or call 782-2128 for more information.

## Special Event: DIVE-IN MOVIE

Why sit in a movie theater when you can hang out at the CRC for a movie? Come join us for our special Family Dive-In Movie. Refreshments will be available for your viewing pleasure! Movie to be determined.

**Saturday March 31st 7:00-9:30pm**

**Saturday May 5th 7:00-9:30 pm**

**Saturday June 16th 7:00-9:30 pm**

Members \$8 per adult/\$6 per child  
Non-Members \$10 per adult/ \$8 per child

**\*\*Dive-In Movies will be at the Aquatics Center on July 14th and August 11th for more details please visit the AC section in the Recreation Guide starting on page 3\*\***

# Specialty Classes

## YOUTH ENRICHMENT

### GUIDED RELAXATION and IMAGERY for CHILDREN

An opportunity for your child to learn simple, yet effective techniques, that will allow him/her to relax and calm the body and mind naturally and improve focus in the process. Excellent life skills! Includes CD guided relaxation and imagery. Maureen Drewiany is a Certified Master Hypnotherapist and holds specialty certifications in Clinical, Medical, and Pediatric Hypnotherapy. She also holds a Bachelors Degree in Health Science, which is a wonderful compliment to Hypnotherapy. Maureen is trained as a Life Coach and frequently combines coaching techniques with hypnosis. Maureen enjoys working with clients of all ages to improve health, focus and personal/professional success.

Instructor: Maureen Drewiany Location: CRC/Activity Room

Activity #	Date	Day	Time	Age	Sessions
5435.211	05/09-05/30	W	3:00-3:45pm	6-8yrs	4
5435.212	05/09-05/30	W	3:45-4:30pm	9-12yrs	4

Material Fee: \$10 due to instructor the first day of class.

Non-Member/Non-Resident: \$100

Member/Non-Resident or Non-Member/Resident: \$90

Member Resident: \$80

### MUSIC TOGETHER

Music Together classes are based on the recognition that all children are musical, all children learn to sing in tune, keep a beat, and participate with confidence in the music of our culture, provided that their early environment supports such learning. By emphasizing actual musical experiences rather than concepts about music, Music Together introduces children to the pleasures and benefits of making music instead of passively receiving it from CDs or TV.

Instructor: CRC Staff Location: Party Room

Activity #	Date	Day	Time	Age	Sessions
5400.201	06/04-07/09	M	9:30-10:15am	0-5 years	6
5400.202	06/04-07/09	M	10:30-11:15am	0-5 years	6
5400.203	06/05-07/10	T	6:30-07:15pm	0-5 years	6

Material Fee: \$40 due to the instructor the first day of class.

Non-Member/Non-Resident: \$108

Member/Non-Resident or Non-Member/Resident: \$103

Member Resident: \$98

Second Child: \$25 off

### NUTRITIONAL CHILDREN'S COOKING CLASS

This is a class that will offer little junior chefs an opportunity to make nutritious choices in eating and making their own food. Maximum of 15 students allowed, so register soon!

Instructor: CRC Staff Location: CRC/Kitchen

Activity #	Date	Day	Time	Age	Session
5430.201	05/04	F	2:30-03:30pm	8-12 years	1
5430.202	05/18	F	2:30-03:30pm	8-12 years	1
5430.203	06/08	F	2:30-03:30pm	8-12 years	1
5430.204	06/22	F	2:30-03:30pm	8-12 years	1

Material Fee: \$5 due to the instructor the first day of class.

Non-Member/Non-Resident: \$9

Member/Non-Resident or Non-Member/Resident: \$7

Member Resident: \$5

## YOUTH FITNESS

### STROLLERSIZE FITNESS

This is a 6-week class designed for parents and toddlers to interact with their baby/toddler while having fun with exercise outdoors. Boost your energy and cardio endurance. We will also focus on strength training and core stability. All fitness levels are welcome.

Instructor: CRC staff

Location: Meet in Gymnasium

Activity #	Date	Day	Time	Age	Sessions
5415.201	05/07-06/11	M	10:00-11:00am	baby/toddler	6
5415.202	06/18-07/23	M	10:00-11:00am	baby/toddler	6
5415.203	07/30-08/27	M	10:00-11:00am	baby/toddler	6

Non-Member/Non-Resident: \$85

Non-Member/Resident: \$75

Members: FREE!



### YOGA MOMMY & ME

This 6-week yoga class is designed to offer a unique opportunity for moms and children to develop a relationship and bond. The elements of yoga will be implemented and modified for both moms and children who are participating in this class. Pre-registration required.

Instructor: CRC staff

Location: CRC/Group Exercise Studio

Activity #	Date	Day	Time	Age	Sessions
5414.201	05/08-06/12	T	9:30-10:00am	2-12yrs	6
5414.202	06/19-07/24	T	9:30-10:00am	2-12yrs	6
5414.203	07/31-09/04	T	9:30-10:00am	2-12yrs	6

Non-Member/Non-Resident: \$55

Member/Non-Resident or Non-Member/Resident: \$40

Member Resident: \$25

### YOUTH COMBO SPORTS CAMP

Enjoy a variety of sports in this week long camp. Each day brings different sports including: basketball, volleyball, soccer, badminton, flag football, tennis, floor hockey and more. Make new friends while learning the fundamentals of various sports. Children will be dropped off and picked up at the CRC Gymnasium. Activities will take place in the gym and at Community Park.

Instructor: CRC Staff

Location: CRC/Gymnasium

Activity #	Date	Day	Time	Age	Sessions
5445.201	06/18-06/22	M-F	9:00am-3:00pm	7-11yrs	5
5445.202	06/25-06/29	M-F	9:00am-3:00pm	7-11yrs	5
5445.203	07/09-07/13	M-F	9:00am-3:00pm	7-11yrs	5
5445.204	07/16-07/20	M-F	9:00am-3:00pm	7-11yrs	5
5445.205	07/23-07/27	M-F	9:00am-3:00pm	7-11yrs	5
5445.206	07/30-08/03	M-F	9:00am-3:00pm	7-11yrs	5

Non-Member/Non-Resident: \$170

Member/Non-Resident or Non-Member/Resident: \$160

Member Resident: \$150

## YOUTH BASKETBALL

Just 4 Hoops staff will conduct instructional youth basketball lessons developing skills and the age-appropriate emotional development required for the game of basketball. A typical session includes a warm-up; topic introduction; demonstration; activities to learn and practice the particular skill; recreational game to provide the participants an environment simulating a basketball game in which to practice; and finally, a game. Each activity varies according to age and ability and is structured to provide every child the opportunity to express themselves and grow at their own rate. The emphasis is on learning and having fun, not winning.

Instructor: Just 4 Hoops staff Location: CRC/Gymnasium

Activity #	Date	Day	Time	Age	Sessions
K-1 GRADES					
5410.201	05/17-06/07	TH	3:15-4:00pm	5-6yrs	4
5410.202	07/12-08/02	TH	3:15-4:00pm	5-6yrs	4
2-3 GRADES					
5410.103	05/17-06/07	TH	4:00-5:00pm	7-8yrs	4
5410.104	07/12-08/02	TH	4:00-5:00pm	7-8yrs	4
4-6 GRADES					
5410.105	05/17-06/07	TH	5:00-6:00pm	9-12yrs	4
5410.106	07/12-08/02	TH	5:00-6:00pm	9-12yrs	4

Non-Member/Non-Resident: \$58

Member/Non-Resident or Non-Member/Resident: \$53

Member Resident: \$48

## INDOOR SOCCER

Just for Kicks staff conducts instructional soccer lessons developing skills and the age-appropriate emotional development required for the game of soccer. The focus is on learning and having fun. A typical session will include a warm-up; topic introduction; demonstrations; activities to learn and practice the particular skill; and recreational games to provide the participants an environment simulating an actual soccer match in which to practice. Each activity varies according to age and ability. Shin guards and indoor shoes are required for students.

Instructor: Just 4 Kicks staff Location: CRC/Gymnasium

Activity #	Date	Day	Time	Age	Sessions
MOMMY & ME					
5411.201	05/15-06/05	T	9:00-9:30am	2½-3½yrs	4
5411.202	07/10-07/31	T	5:00-5:30pm	2½-3½yrs	4
PRE-K					
5411.214	05/15-06/05	T	10:20-10:50am	3½-4yrs	4
5411.203	05/15-06/05	T	2:15-2:45pm	3½-4yrs	4
5411.204	07/10-07/31	T	2:10-2:40pm	3½-4yrs	4
K					
5411.213	05/15-06/05	T	9:45-10:20am	4-5yrs	4
5411.205	05/15-06/05	T	2:45-3:20pm	4-5yrs	4
5411.206	07/10-07/31	T	2:40-3:15pm	4-5yrs	4
K-1 GRADES					
5411.207	05/15-06/05	T	3:20-4:05pm	5-6yrs	4
5411.208	07/10-07/31	T	3:15-4:00pm	5-6yrs	4
2-3 GRADES					
5411.209	05/15-06/05	T	4:05-5:05pm	7-9yrs	4
5411.210	07/10-07/31	T	4:00-5:00pm	7-9yrs	4
4-6 GRADES					
5411.211	05/15-06/05	T	4:05-5:05pm	10-12yrs	4
5411.212	07/10-07/31	T	4:00-5:00pm	10-12yrs	4

Non-Member/Non-Resident: \$58

Member/Non-Resident or Non-Member/Resident: \$53

Member Resident: \$48

## YOUTH BEGINNING VOLLEYBALL

Learn to improve your volleyball skills with drills and practice games. This class is for players who have had some volleyball experience but wish to advance and improve to the next level. Classes begin with passing, serving, hitting and defensive drills followed by officiated games designed to focus on team defense and scoring strategies.

Instructor: CRC staff

Location: Gymnasium

Activity #	Date	Day	Time	Age	Sessions
5420.201	06/20-08/01*	W	7:10-8:20pm	9-12yrs	6

\*No class 07/04

Non-Member/Non-Resident: \$60

Member/Non-Resident or Non-Member/Resident: \$55

Member Resident: \$50

## YOUTH STRENGTH TRAINING

This 4-week program is designed to introduce youth how to workout safely with selected equipment, cardiovascular machines and use of the FitLinxx system. It is a four-week course that will provide instruction and education for youth interested in using the fitness center. Upon completion of the program, they will be issued a special CRC access card that must be carried with them at all times in our fitness center. For more information, please contact the Welcome Center. Pre-registration required.

Instructor: CRC staff

Location: CRC/Fitness Room

Activity #	Date	Day	Time	Age	Sessions
5412.201	05/07-05/28	M	3:30-4:30pm	11-13yrs	4
5412.202	06/04-06/25	M	3:30-4:30pm	11-13yrs	4
5412.203	07/09-07/30	M	2:30-3:30pm	11-13yrs	4
5412.204	05/09-05/30	W	3:30-4:30pm	11-13yrs	4
5412.205	06/06-06/27	W	3:30-4:30pm	11-13yrs	4
5412.206	07/11-08/01	W	2:30-3:30pm	11-13yrs	4

Non-Member/Non-Resident: \$90

Non-Member/Resident: \$80

Members: FREE!

## YOUTH FITNESS

This class will emphasize exercise, activities, and sports. Basketball, volleyball, badminton, indoor soccer, shuttle run, swimming, tag, calisthenics, and other group games will all be incorporated in this six week class. This class must have at least 10 youth to run and a maximum of 25, so please register in advance. Classes fill up fast!

Instructor: CRC staff

Location: CRC/Gymnasium

Activity #	Date	Day	Time	Age	Sessions
5413.201	05/08-05/24	T/TH	04:00pm-05:00pm	7-10yrs	6
5413.202	06/05-06/21	T/TH	04:00pm-05:00pm	7-10yrs	6
5413.203	07/03-07/19	T/TH	04:00pm-05:00pm	7-10yrs	6
5413.204	08/07-08/23	T/TH	04:00pm-05:00pm	7-10yrs	6

Non-Member/Non-Resident: \$80

Non-Member/Resident: \$70

Members: FREE!

## Morgan Hill Library

17575 Peak Avenue, Morgan Hill  
www.santaclaracountylib.org • 779-3196

### Program for Preschoolers:

Bedtime Stories(all ages) - Wednesdays, 7 pm  
Toddler Stories (2-3 yr. olds) - Thursdays, 10 am  
Preschool Stories (3-5 yr. olds) - Thursday, 10:45 am





## KARATE: DRAGONS

Lil' Dragons is a program that not only teaches blocks, punches, kicks, and also good citizenship, safety and life skills. Students will improve their focus, social skills and balance.

Instructor: Marieta de la Cruz and Arceli Bell

Location: CRC/Multipurpose Room

### Lil' Dragons: Beginners

Activity #	Date	Day	Time	Age	Sessions
4705.201	05/10-05/31	TH	5:00-5:30pm	4½-6yrs	4
4705.203	06/07-06/28	TH	5:00-5:30pm	4½-6yrs	4
4705.205	07/12-08/02	TH	5:00-5:30pm	4½-6yrs	4
4705.207	08/09-08/30	TH	5:00-5:30pm	4½-6yrs	4

Material Fee: \$86 (includes uniform, gloves, patches and folder) to be paid to instructor in class. No material fee required for first class. Optional for first month, but is required for continuing students.

Non-Member/Non-Resident: \$57

Member/Non-Resident or Non-Member/Resident: \$47

Member Resident: \$37

### Junior Dragons: Intermediate

Activity #	Date	Day	Time	Age	Sessions
4705.202	05/10-05/31	TH	5:30-6:10pm	5-7½yrs	4
4705.204	06/07-06/28	TH	5:30-6:10pm	5-7½yrs	4
4705.206	07/12-08/02	TH	5:30-6:10pm	5-7½yrs	4
4705.208	08/09-08/30	TH	5:30-6:10pm	5-7½yrs	4

Material Fee: \$86 (includes uniform, gloves, patches and folder) to be paid to instructor in class. No material fee required for first class. Optional for first month, but is required for continuing students.

Non-Member/Non-Resident: \$65

Member/Non-Resident or Non-Member/Resident: \$55

Member Resident: \$45

## KEMPO KARATE: YOUTH & ADULTS

Students will learn self defense techniques against grabs, punches and kicks. They will also gain confidence, strength conditioning and flexibility.

Instructor: Marieta De la Cruz and Arceli Bell

Location: CRC/Multipurpose Room

Activity #	Date	Day	Time	Age	Sessions
3705.201	05/10-05/31	TH	6:20-7:20pm	8yrs+	4
3705.202	06/07-06/28	TH	6:20-7:20pm	8yrs+	4
3705.203	07/12-08/02	TH	6:20-7:20pm	8yrs+	4
3705.204	08/09-08/30	TH	6:20-7:20pm	8yrs+	4

Material Fee: \$99 (includes uniform, gloves, patches and binder) to be paid to instructor in class. No material fee required for first class. Optional for first month, but is required for continuing students.

Non-Member/Non-Resident: \$76

Member/Non-Resident or Non-Member/Resident: \$66

Member Resident: \$56

## BODU TAIJUTSI (NINJUTSU) ART SYSTEM:

Classes are taught by Bernie Flannigan who is black belt certified by the International Hombu in Noda City, Japan and is directed by the 34th grand master Masaaki Hatsumi. Instruction in this warrior art is now available in the Morgan Hill/Gilroy area. Bujinkan Budo Taijutsu (Ninjutsu) is self-defense combat art with no competitive aspects. Classes are taught in a relaxed atmosphere; two separate classes for youth and adults.

### YOUTH BODU TAIJUTSI (NINJUTSU)

This fun atmosphere of the pre-teen classes encourages self confidence, activity and focus. Children learn safe rolling techniques, balance, and self defense skills.

Instructor: Bernie Flannigan Location: CRC/Activity Room

Activity #	Date	Day	Time	Age	Sessions
5416.201	05/08-05/29	T	6:30-7:30pm	6-12yrs	4
5416.202	06/05-06/26	T	6:30-7:30pm	6-12yrs	4
5416.203	07/03-07/24	T	6:30-7:30pm	6-12yrs	4
5416.204	08/07-08/28	T	6:30-7:30pm	6-12yrs	4
5416.205	05/10-05/31	TH	6:30-7:30pm	6-12yrs	4
5416.206	06/07-06/28	TH	6:30-7:30pm	6-12yrs	4
5416.207	07/05-07/26	TH	6:30-7:30pm	6-12yrs	4
5416.208	08/09-08/30	TH	6:30-7:30pm	6-12yrs	4

Materials Fee: \$50 due to the instructor the first day of class.

Non-Member/Non-Resident: \$90

Member/Non-Resident or Non-Member/Resident: \$70

Member Resident: \$50

## TEEN/ADULT FITNESS

### ADULT BODU TAIJUTSI (NINJUTSU)

This class encourages self-confidence, activity, and focus. Youth ages13+ and both adult men and women are welcomed to join!

Instructor: Bernie Flannigan Location: Multi-Purpose Room

Activity #	Date	Day	Time	Age	Sessions
5416.209	05/08-05/31	T/TH	8:00-9:00pm	13yrs +	8
5416.210	06/05-06/28	T/TH	8:00-9:00pm	13yrs +	8
5416.211	07/10-08/02	T/TH	8:00-9:00pm	13yrs +	8
5416.212	08/07-08/31	T/TH	8:00-9:00PM	13yrs+	8

Materials Fee: \$75 due to the instructor the first day of class

Non-Member/Non-Resident: \$150

Member/Non-Resident or Non-Member/Resident: \$130

Member Resident: \$110

## 8 WEEKS TO WELLNESS

This is a group forum that will help guide individuals to establishing long-term healthy lifestyles. You will receive a study guide and group lesson once a week. You will also be set up on Fitlinx that will provide an individualize training regimen for 12 weeks. We will assist you with your short-term and long-term goals. We will also provide thorough fitness assessments and sound nutrition education. Topics in the class will include goal attainment, nutrition guidance, stress reduction and ultimately hold you accountable for your own health and actions to make a change!! This is also a great opportunity to meet other people with similar fitness goals and lifestyle changes.

Instructor: CRC staff Location: CRC/Activity Room

Activity #	Date	Day	Time	Age	Sessions
5417.201	05/15-07/03	T	10:00-11:00am	18yrs +	8
5417.202	07/10-08/28	T	10:00-11:00am	18yrs +	8

Non-Member/Non-Resident: \$40

Member/Non-Resident or Non-Member/Resident: \$35

Member Resident: \$30

## PERSONAL TRAINING

Our personal training program is individualized and specifically tailored to your needs. Our certified trainers will guide you through a customized program, which will get you the results you need in the fastest and most effective way possible. You will be instructed in all components necessary to alter body composition, the use of proper bio-mechanics, anatomy, physiology, proper nutrition and much more. For more information or to register please contact the Welcome Center.

Location: Fitness Center

Fee: \$60 per session (Individual session)

\$300 six-session package @ \$50 per session

\$480 12-session package @ \$40 per session

Personal training is only available for CRC facility members. The first session is an assessment session that will help the trainer to establish level of fitness of each individual to help determine training methods and to meet client goals.

## ROLL WITH IT!

Dr. Nicole Dave Reagan, D.C. of Community Chiropractic is teaching this 6 week session on how to use the stability balls correctly. It will be an educational and participatory class involving learning about the body's support system and how to strengthen weak areas that can lead to pain and injury. Functional and fun balance exercises and strength training will be taught using just body weight and a stability ball (except for those who want more of a challenge, then 6-10 lb weights may be used). Week one will emphasize the low back, week two the shoulder, three the hip and weeks four and five will be putting it all together and practicing. For the last class will be a super-challenge geared to challenge very fit people, but could be attempted and modified to suit those who are more physically challenged.

Instructor: Dr. Nicole Dave Reagan

Location: CRC/Multi-Purpose Room

Activity #	Date	Day	Time	Age	Sessions
5419.201	05/08-06/12	T	11:00am-12:00pm	18yrs +	6
5419.202	06/19-07/24	T	11:00am-12:00pm	18yrs +	6

Non-Member/Non-Resident: \$70

Non-Member/Resident: \$60

Members: FREE!

## WEIGHT TRAINING FOR WOMEN

This six week one hour class is an intensive group experience using Cybex strength training equipment and free weights. Topics such as anatomy, physiology, fat loss and cardiovascular conditioning will be discussed. This course gives you the opportunity to workout next to a trainer so personalized instruction is guaranteed. This class also gives you an opportunity to meet other people. For more information or to register please see the Welcome Center.

Instructor: CRC staff

Location: CRC/Fitness Center

Activity #	Date	Day	Time	Age	Sessions
5418.201	05/16-06/20	W	11:00am-12:00pm	18yrs +	6
5418.202	07/11-08/15	W	11:00am-12:00pm	18yrs +	6

Non-Member/Non-Resident: \$95

Member/Non-Resident or Non-Member/Resident: \$70

Member Resident: \$45

## BEGINNER VOLLEYBALL CLASS

Learn to improve your volleyball skills with drills and practice games. This class is for players who have had some volleyball experience but wish to advance and improve to the next level. Classes begin with passing, serving, hitting and defensive drills followed by officiated games designed to focus on team defense and scoring strategies.

Instructor: CRC staff

Location: Gymnasium

Activity #	Date	Day	Time	Age	Sessions
5420.202	06/20-07/25	W	8:30-9:50pm	13yrs +	6

Non-Member/Non-Resident: \$60

Member/Non-Resident or Non-Member/Resident: \$55

Member Resident: \$50

## ADULT ENRICHMENT

### MONTHLY NUTRITION TALKS

Join Robin Nielsen, Certified Nutrition Consultant each month for interactive health talks to improve your energy, reduce pain and enjoy life more. Learn how to diet and how lifestyle habits impact different health issues, as well as what you can do to feel great. Healthy snacks provided. For more info call 408-779-8363 and/or go to website: [www.juvenescence.net](http://www.juvenescence.net). Consider coming to our Healthy Eating Cooking Classes too!

Instructor: Robin Nielsen Location: CRC/Activity Room

Activity #	Date	Day	Time	Age	Session
BONE HEALTH					
5435.201	05/02	W	7:00-8:00pm	18yrs +	1
HEADACHES					
5435.202	06/06	W	7:00-8:00pm	18yrs +	1
SPORTS NUTRITION					
5435.203	07/11	W	7:00-8:00pm	18yrs +	1
RESPIRATORY HEALTH					
5435.204	08/01	W	7:00-8:00pm	18yrs +	1

Non-Member/Non-Resident: \$45

Member/Non-Resident or Non-Member/Resident: \$35

Member Resident: \$25

## ADULT SPORTS LEAGUES

At least 60% residency or membership is required to receive member and/or resident rates.

You can pick up a registration form at [www.mhcr.com](http://www.mhcr.com) or at the CRC. For more information call 408-782-2128 x801 or email [chris.gihone@mhcr.com](mailto:chris.gihone@mhcr.com).

### MEN'S BASKETBALL LEAGUES

Full court leagues for adult (18/older) are available on Tuesday nights and Sunday afternoons. The Intermediate level plays on Tuesday nights and the Novice level on Sunday afternoons. Registration is by team only. Individual players are welcome to fill out a free agent form, but are not guaranteed to be placed on a team. The season will begin in mid June.

Member/Resident Team: \$550

Non-member/Resident or Member/Non-resident Team: \$600

Non-member/Non-resident Team: \$650

### WOMEN'S BASKETBALL LEAGUE

Full court leagues for adult (18/older) women are offered year round. The Novice/Beginner level league is played on Sunday afternoons. Registration is by individual player, first come, first served. The opening practice day will be held June 12th.

Member/Resident: \$70

Non-member/Resident or Member/Non-resident: \$75

Non-member/Non-resident: \$80

### COED VOLLEYBALL LEAGUE

A co-ed volleyball league for adults (18/older) is offered on Monday nights. Game times are 7:00; 8:00; 9:00 pm. Registration is by team only. Individual players are welcome to fill out a free agent form, but are not guaranteed to be placed on a team.

Member/Resident Team: \$375

Non-member/Resident or Member/Non-resident Team: \$425

Non-member/Non-resident Team: \$475

## NUTRITIONAL COOKING CLASSES

Have a yummy night out with Gisele Barber, Natural Foods Chef, and Robin Nielsen, Certified Nutrition Consultant. This class is hands on! Help prepare the meal, learn the therapeutic benefits of the different foods used, and then savor your efforts. All cooking classes include: a treat/dessert to satisfy our need for something sweet, recipes, and other goodies. Make new friends, enjoy some good food and have a night out. For more info call 408-779-8363 or go to website: [www.juvenescence.net](http://www.juvenescence.net). Instructor: Robin Nielsen Location: CRC/Kitchen

Activity #	Date	Day	Time	Age	Session
5435.205	05/09	W	6:00-8:00pm	18yrs +	1
5435.206	06/13	W	6:00-8:00pm	18yrs +	1
5435.207	07/18	W	6:00-8:00pm	18yrs +	1
5435.208	08/08	W	6:00-8:00pm	18yrs +	1

Non-Member/Non-Resident: \$85

Member/Non-Resident or Non-Member/Resident: \$75

Member Resident: \$65

## STRESS REDUCTION through GUIDED RELAXATION & IMAGERY

Learn and practice techniques that can help you reduce and better manage your stress for improved health and well-being. Includes CD of guided imagery and relaxation. Maureen Drewiany is a Certified Master Hypnotherapist and holds specialty certifications in Clinical, Medical, and Pediatric Hypnotherapy. She also holds a Bachelors Degree in Health Science, which is a wonderful compliment to Hypnotherapy. Maureen is trained as a Life Coach and frequently combines coaching techniques with hypnosis. Maureen enjoys working with clients of all ages to improve health, focus and personal/professional success. Instructor: Maureen Drewiany Location: CRC/Activity Room

Activity #	Date	Day	Time	Age	Session
5435.209	05/07-05/28	M	7:30-08:30pm	18yrs +	5

Material Fee: \$10 due to instructor the first day of class.

Non-Member/Non-Resident: \$125

Member/Non-Resident or Non-Member/Resident: \$115

Member Resident: \$105

## PEDIATRIC FIRST AID & CPR

Medic First Aid is a child, infant, and adult CPR and first aid emergency medical response training program. This class is great for parents, grandparents, caregivers, nannies and babysitters. CPR is extremely beneficial, and has helped save lives. Ages 13yrs+ welcome.

Instructor: Tracy Farstod Location: CRC/Activity Room

Activity #	Date	Day	Time	Age	Sessions
3002.201	04/21	SA	8:00am-5:00pm	13yrs+	1
3002.202	05/26	SA	8:00am-5:00pm	13yrs+	1
3002.203	06/23	SA	8:00am-5:00pm	13yrs+	1
3002.204	07/21	SA	8:00am-5:00pm	13yrs+	1
3002.205	08/18	SA	8:00am-5:00pm	13yrs+	1

Non-Member/Non-Resident: \$65

Member/Non-Resident or Non-Member/Resident: \$60

Member Resident: \$55

## ADULT COMPUTER CLASSES

### MICROSOFT WINDOWS

Learn to use Microsoft windows. Storing files, copying pasting and using many of the tools provided. As you learn where things are stored you'll organize files by learning how to create and manage Folders, move and delete files and back-up files externally.

Instructor: CRC Staff Location: Computer Room

Activity #	Date	Day	Time	Age	Sessions
5421.201	05/10	TH	6:30-9:30pm	13yrs +	1

Non-Member/Non-Resident: \$45

Member/Non-Resident or Non-Member/Resident: \$40

Member Resident: \$35

### BEGINNING COMPUTERS-WINDOWS/EXCEL/WORD

Want to start with the on/off switch? In this class we'll discuss different parts of the computer, get familiar with the mouse and keyboard and how to navigate Windows. You'll learn word-processing using Word and how to create spreadsheets using Excel. A class manual will be provided for a \$20 Lab Fee.

Instructor: CRC Staff Location: Computer Room

Activity #	Date	Day	Time	Age	Sessions
5421.202	06/14-06/28	TH	6:30-9:30pm	13yrs +	3

Material Fee: \$20 due to the instructor the first day of class

Non-Member/Non-Resident: \$115

Member/Non-Resident or Non-Member/Resident: \$105

Member Resident: \$95

### BEGINNING INTERNET & E-MAIL

Use the computer to learn how to Send & Receive E-Mail, Attach, Save and find downloaded files and connect to web sites. Learn to use Google & Yahoo effectively, set up favorites and discuss the different connection methods.

Instructor: CRC Staff Location: Computer Room

Activity #	Date	Day	Time	Age	Session
5421.203	05/24	TH	6:30-8:30pm	13yrs +	1

Non-Member/Non-Resident: \$40

Member/Non-Resident or Non-Member/Resident: \$35

Member Resident: \$30

### WORD

As you're sitting at a provided computer with another student you'll learn how to create a customized name and address list and merge the list to print onto letters, labels, and envelopes so each is personalized. You'll also learn how to create Envelopes, various Labels and Business Cards. There is a \$20 lab fee to pay for the manual provided for the class.

Instructor: CRC Staff Location: Computer Room

Activity #	Date	Day	Time	Age	Sessions
5421.204	06/12	TH	6:30-9:30pm	13yrs +	3

Lab Fee: \$20 due to the instructor the first day of class

Non-Member/Non-Resident: \$45

Member/Non-Resident or Non-Member/Resident: \$40

Member Resident: \$35

### POWERPOINT

Learn how to design and enhance your presentations with slide masters and templates using Powerpoint. We'll work with presentation designs, learn how to edit the background layout, apply word art, animate features, insert clip art and sound effects. There will be a \$20 lab fee for the class manual.

Instructor: CRC Staff Location: Computer Room

Activity #	Date	Day	Time	Age	Sessions
5421.205	07/26	TH	6:30-9:30pm	13yrs +	3

Lab Fee: \$20 due to the instructor the first day of class

Non-Member/Non-Resident: \$45

Member/Non-Resident or Non-Member/Resident: \$40

Member Resident: \$35



## TEEN CENTER/CLASSES

### S.A.T. PREPARATION

Tips + practice + personalized feedback = a higher score on one of the most important exams of a student's life. Students will learn the basic concepts of all 3 SAT sections: Critical Reading, Writing, and Math. Each 5-week session includes a mini-practice exam, graded with personalized feedback from the instructor.

Instructor: David Wang Location: CRC/Activity Room

Activity #	Date	Day	Time	Age	Sessions
3310.201	05/01-05/29	T	4:00-6:00pm	14yrs+	5
3310.202	06/05-07/10*	T	4:00-6:00pm	14yrs+	5
3310.203	07/17-08/14	T	4:00-6:00pm	14yrs+	5
3310.205	08/21-09/18	T	4:00-6:00pm	14yrs+	5

Fee: \$139 / Resident Discount: \$129

\*No Class on 7/3

### S.A.T. MATH REVIEW

Students will receive a more in-depth review of all 4 math topics covered by the SAT. This 4-week class can also help a student prepare for a math final exam. Sample problems - both multiple choice and "grid-ins" - will be demonstrated in class. Practice exam sections will be given and graded in class, and personalized feedback will be given to the students.

Instructor: David Wang Location: CRC/Activity Room

Activity #	Date	Day	Time	Age	Sessions
3310.204	07/17-08/07	T	1:30-3:30pm	14yrs+	4

Fee: \$109 / Resident Discount: \$99

### SELF DEFENSE

This class stresses mental and verbal defense techniques and promotes self-awareness for common life situations. Through discussion and role playing, students foster confidence and build verbal skills and physical escape techniques are also taught. Techniques are reviewed and new ones taught each class. Wear comfortable clothing and bring bottled water.

Instructor: Marieta de la Cruz Location: CRC/Activity Room

Activity #	Date	Day	Time	Age	Sessions
3705.205	5/7-5/21	M	12:15-1:15pm	13yrs+	3
3705.206	6/4-6/18	M	12:15-1:15pm	13yrs+	3
3705.207	7/9-7/23	M	12:15-1:15pm	13yrs+	3
3705.208	8/9-8/20	M	12:15-1:15pm	13yrs+	3

Material Fee: Workbook optional \$20 payable to the instructor.

Drop-In Fee: \$15

Non-Member/Non-Resident: \$76

Member/Non-Resident or Non-Member/Resident: \$66

Member Resident: \$56

## Middle School Dance

June 23  
July 21  
Aug 18  
Sep 15  
Oct 27  
Nov 17  
Dec 8  
Saturdays  
8:00-11:00pm  
at Teen Center  
\$8 in advance, \$10 at the door.

Teen Center	Monday - Thursday	3:00pm-8:00pm
	Friday	3:00pm-10:00pm
	Saturday	2:30pm-8:00pm
Homework Computers Activities		Hours are subject to change due to special events, classes, and meetings.

### STRESS REDUCTION for TEENS

Using guided relaxation, breathing and imagery. Teens can learn effective methods to deal with the many stresses they face. Includes CD of guided imagery and relaxation. Maureen Drewiany is a Certified Master Hypnotherapist and holds specialty certifications in Clinical, Medical, and Pediatric Hypnotherapy. She also holds a Bachelors Degree in Health Science, which is a wonderful compliment to Hypnotherapy. Maureen is trained as a Life Coach and frequently combines coaching techniques with hypnosis. Maureen enjoys working with clients of all ages to improve health, focus and personal/professional success.

Instructor: Maureen Drewiany Location: CRC/Activity Room

Activity #	Date	Day	Time	Age	Sessions
5435.210	05/08-05/29	T	6:30-07:30pm	13-18yrs	4

Material Fee: \$10 due to instructor the first day of class.

Non-Member/Non-Resident: \$125

Member/Non-Resident or Non-Member/Resident: \$115

Member Resident: \$105

### TEEN CRAFT CLASS

Come have fun making beautiful, hand-made art and crafts projects! A variety of materials and methods will be explored in this creative expressions class for teens.

Instructor: Nancy Domnauer Location: CRC/Activity Room

Activity #	Date	Day	Time	Age	Sessions
3001.201	05/02	W	6:30 - 7:30pm	12-18yrs	1
3001.202	06/06	W	6:30 - 7:30pm	12-18yrs	1
3001.203	07/11	W	6:30 - 7:30pm	12-18yrs	1
3001.204	08/01	W	6:30 - 7:30pm	12-18yrs	1

Material Fee: \$5

Non-Member/Non-Resident: \$35

Member/Non-Resident or Non-Member/Resident: \$25

Member Resident: \$15

### Pediatric First Aid & CPR

Medic First Aid is a child, infant, and adult CPR and first aid emergency medical response training program. This class is great for parents, grandparents, caregivers, nannies and babysitters. CPR is extremely beneficial, and has helped save lives. Ages 13yrs+ welcome.

Instructor: Tracy Farstad Location: CRC/Activity Room

Activity #	Date	Day	Time	Age	Sessions
3002.201	04/21	SA	08:00am-05:00pm	13yrs+	1
3002.202	05/26	SA	08:00am-05:00pm	13yrs+	1
3002.203	06/23	SA	08:00am-05:00pm	13yrs+	1
3002.204	07/21	SA	08:00am-05:00pm	13yrs+	1
3002.205	08/18	SA	08:00am-05:00pm	13yrs+	1

Non-Member/Non-Resident: \$65

Member/Non-Resident or Non-Member/Resident: \$60

Member Resident: \$55

# PARTY PACKAGES

The Party Package Program is available to the community through the City of Morgan Hill Recreation & Community Services Department for birthdays, company picnics, family reunions, weddings and other special events.



## Movie Party Time!

at the

**Morgan Hill Community Playhouse**  
17090 Monterey Road

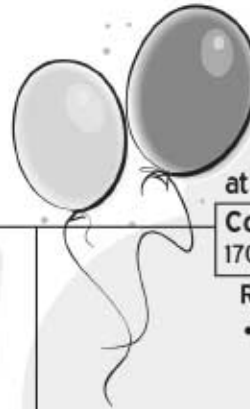
The Playhouse features fully-raked seating for approximately 180 and has a 148" X 264" motorized projection screen.

**IT IS A PARTY PACKAGE  
GEARED FOR ALL AGES!**

### Movie Party Package Includes:

- Playhouse rental which includes a lobby area for refreshments, tables and chairs are set-up in lobby to accommodate up to 30, and a small refreshment center with an
- Screen and projector
- Recreation leader assists with equipment and set-up, as well as managing the party schedule.

Contact Chiquy Mejia at (408) 782-0008  
[www.mhcommunitycenter.com/partypac.htm](http://www.mhcommunitycenter.com/partypac.htm)



## Party Time!

at the

**Community & Cultural Center**  
17000 Monterey Road

### Rooms Available:

- **Children's Pavilion Room**  
includes outdoor playground, amphitheater-grass area, and interactive water feature.
- **Diana Murphy Room**  
includes outdoor Amphitheater-grass area and interactive water feature.

### Package Program Includes:

- Special individual program of activities designed for your party by a Recreation Specialist.
- Fun Activities to choose from such as: indoor & outdoor games, races, contests, sports, obstacle course, relays, parachute, music, comedy, movements, instrument games, balloons animals (crazy hats & more) or face painting.
- Equipment, materials, supplies and staff for a variety of recreational activities.
- Optional: leadership for the piñata activity and gift opening
- We also provide ice for your drinks



you can  
be a

## BIRTHDAY STAR

at the

**MORGAN HILL AQUATICS CENTER!**  
16200 Condit Road

### Aquatics Center Party Package includes:

- All-day admission for 15 during regular recreation hours
- 2 hours of party room access
- Special birthday T-shirt for the birthday child
- 15 birthday party invitations
- Lunch consisting of 2 large pizzas (pepperoni or cheese), 3 pitchers of soda or lemonade, and veggies & dip

Please call (408) 782-2134 x710  
[SwimParty@morganhill.ca.gov](mailto:SwimParty@morganhill.ca.gov)



## Centennial Recreation Center

171 West Edmundson Avenue

### PARTY PACKAGES include:

- Free T-shirt for the birthday child!
- 1 Event attendant to staff party

### POOL PARTY

- 3 Hours of room rental
- Daily Recreation Swim Passes for all guests

### SPORTS PARTY

- 1½ Hours of room rental
- 1½ Hours use of sports equipment and half of the Gymnasium

Contact Shelly Yowell at (408) 782-2128 x 803 or (408) 778-8286 fax  
[shelly.yowell@mhccr.com](mailto:shelly.yowell@mhccr.com)



## Community & Cultural Center

[www.mhcommunitycenter.com](http://www.mhcommunitycenter.com)

### Facility Location

17000 Monterey Road  
Corner of E. Dunne Avenue  
(408) 782-0008

### Hours of Operation

Mon & Fri: 8am-5:00pm / Tues-Thurs: 8am - 8pm

### Community & Cultural Center Staff

17000 Monterey Road, Morgan Hill, CA 95037  
(408) 782-0008 FAX (408) 779-5450  
[www.mhcommunitycenter.com](http://www.mhcommunitycenter.com)

Recreation Coordinator . . . . . Chiquy Mejia  
christ.mejia@morganhill.ca.gov  
782-0008 x 508

Event Coordinator . . . . . Debbie Lee-Lazzarino  
debbie.lazzarino@morganhill.ca.gov  
782-0008 x 507

Municipal Services Assistant . . . . . Phyllis Dieter  
phyllis.dieter@morganhill.ca.gov  
782-0008 x 505

Facility Specialist . . . . . Carlos Munoz  
Carlos.munoz@morganhill.ca.gov  
782-0008 x 503

Office Assistant II . . . . . Sandra Diner  
sandra.diner@morganhill.ca.gov  
782-0008 x 502

## Children Classes

### ENRICHMENT PROGRAMS

#### KinderClass

This is a parent-child participation class for preschool age children. We will gather for circle time activities such as singing, story time, finger plays, and music and movement. We will make beautiful art and craft projects, too! Come have fun learning and make new friends! Parent participation required.

Instructor: Nancy Domnauer is a former preschool teacher who has been teaching children for over 15 years.

Location: CCC/Children's Pavilion

Activity #	Date	Day	Time	Age	Sessions
4302.201	07/09-07/30	M	9:30-10:30am	2½-5yrs	4
4302.202	07/10-07/31	T	10:45-11:45am	2½-5yrs	4

Material Fee: \$15 due to instructor the first day of class.

Fee: \$63 / Resident Discount: \$53

#### KidsClass

This is a class for children who have "graduated" from KinderClass but want to continue having fun! We will gather for group activities as well as arts and crafts. Come have fun with your old friends and make new friends too! KidsClass is for children ages 6-11 and parent participation is NOT required.

Instructor: Nancy Domnauer

Location: CCC/Children's Pavilion

Activity #	Date	Day	Time	Age	Sessions
4302.203	07/09-07/30	M	10:45-11:45am	6-11yrs	4
4302.204	07/10-07/31	T	9:30-10:30am	6-11yrs	4

Material Fee: \$15 due to the instructor on the first day of class

Fee: \$63 / Resident Discount: \$53

#### Kindermusik: Village

Learn how to stimulate Baby's learning through vocal play, object exploration and creative movement. Environments with diverse developmental stages in the first 18 months (such as a Kindermusik Village class) create an optional learning setting for both children and parents. The summer session has 3 independent sets of 5 classes. Dress comfortably. "Sibling situations" may be discussed with the instructor on a case-by-case basis. Participants must be accompanied by an adult.

Instructor: Renaissance Tots' Kindermusik educators are certified by Kindermusik International.

Location: CCC/Madrona Room

Activity #	Date	Day	Time	Age	Sessions
4113.201	05/01-05/29	T	10:00-10:45am	0-18mths	5
4113.202	06/05-07/10*	T	10:00-10:45am	0-18mths	5
4113.203	07/17-08/14	T	10:00-10:45am	0-18mths	5

\* No Class 07/03

Fee: \$70 / Resident Discount: \$60



## Kindermusik: Our Time

Children will be introduced to a musical world filled with singing, imitating sounds, rhyming, sound identification, instrument exploration and creative movement. KinderMusik Our Time focuses on your child's emotional development as confidence, curiosity, self control, & communication begin to take shape. The summer session has 3 independent sets of 5 classes. Dress comfortably. "Sibling situations" may be discussed with the instructor on a case-by-case basis. Participants must be accompanied by an adult.

Instructor: Renaissance Tots' Kindermusik Certified Staff

Location: CCC/Madrone Room

Activity #	Date	Day	Time	Age	Sessions
4113.204	05/01-05/29	T	11:00-11:45am	1½-3yrs	5
4113.205	06/05-07/10*	T	11:00-11:45am	1½-3yrs	5
4113.206	07/17-08/14	T	11:00-11:45am	1½-3yrs	5

\*No class 07/03

Fee: \$70 / Resident Discount: \$60

## Kindermusik: Imagine That

Music will be paired with expressive language, storytelling, peer interaction, movement and pretend play for your child. KinderMusik Imagine That provides an opportunity for you to see your child's unique personality & developing individuality come to life. The summer session has 3 independent sets of 5 classes. Parents drop off their children for the first 30 minutes of class and rejoin for the last 15 minutes (siblings are welcome at this time). Dress comfortably.

Instructor: Renaissance Tots' Kindermusik Certified Staff

Location: CCC/Madrone Room

Activity #	Date	Day	Time	Age	Sessions
4113.207	05/01-05/29	T	1:00am-1:45pm	3-5yrs	5
4113.208	06/05-07/10*	T	1:00am-1:45pm	3-5yrs	5
4113.209	07/17-08/14	T	1:00am-1:45pm	3-5yrs	5

\* No Class 07/03

Fee: \$70 / Resident Discount: \$60

## ARTS & CRAFTS

### Art Sampler

Use a variety of art materials to explore drawing, painting, sculpture, collage & more! Emphasis is on creative and playful expression, so come enjoy our time together. New projects each session.

Instructor: Julia Souders

Location: CCC/Poppy Jasper Room

Activity #	Date	Day	Time	Age	Sessions
4103.201	05/09-06/06	W	5:00-6:00pm	6-12yrs	5

Material Fee: \$12 due to instructor the first day of class.

Fee: \$74/ Resident Discount: \$64



## Watercolors: Here We Come!

Discover your genius for watercolor. We will learn the basics like color mixing and washing, brush techniques, light and shadow, and perspective. We will practice all these skills on still life paintings and story illustration.

Instructor: Julia Souders

Location: CCC/Diana Murphy Room

Activity #	Date	Day	Time	Age	Sessions
4110.201	05/09-06/06	W	3:30-4:30pm	4-5yrs	5

Material Fee: \$12 due to instructor the first day of class.

Fee: \$74 / Resident Discount: \$64

## Clay Play

Come play clay with us! Learn or expand basic clay skills as you create fabulous clay art. The teacher chooses the first project and as a class you will decide the remainder of the projects. Bring your own ideas or just wait to view the teacher's samples. We will have so much fun deciding and creating clay work together.

All pieces will be glazed and fired.

Instructor: Julia Souders

Location: CCC/ Poppy Jasper Room

Activity #	Date	Day	Time	Age	Sessions
4104.204	05/10-06/07	Th	3:30-4:30pm	6-12yrs	5

Material Fee: \$12 due at registration.

Fee: \$74 / Resident Discount: \$64

## Clay Around

Castles and dragons, animals and cups, oh my! These are just a few of the exciting projects that we will create as we develop basic clay skills. Children will learn problem-solving skills as they express themselves through clay. All projects will be fired and glazed. New projects each session.

Instructor: Julia Souders

Location: CCC/Poppy Jasper Room

Activity #	Date	Day	Time	Age	Sessions
4104.205	05/11-06/08	F	3:30-4:30pm	4-5yrs	5

Material Fee: \$12 due at registration.

Fee: \$74 / Resident Discount: \$64

## Clay Medley

Who says you can't have it all! This new class features a sample of three different types of clay. We will do projects with regular clay, polymer clay and an exciting new material, precious metal clay. During the firing this product becomes pure silver.

Instructor: Julia Souders

Location: CCC/Diana Murphy Room

Activity #	Date	Day	Time	Age	Sessions
4104.201	05/10-06/07	Th	5:00-6:00pm	6-12yrs	5

Material Fee: \$14 due at registration.

Fee: \$74 / Resident Discount: \$64

## Stomp, Rattle and Roll

Let your little one experience rhythm at their own level and with their own personal expression. We will be crafting rhythm makers and shakers and such. We will even turn their own shoes into little rhythm sensations of their own! Each class will feature time to make and try out their creations. Participants must be accompanied by an adult.

Instructor: Julia Souders

Location: CCC/Poppy Jasper Room

Activity #	Date	Day	Time	Age	Sessions
4112.201	05/10-06/07	Th	2:00-3:00pm	2-3yrs	5

Material Fee: \$12 due at registration.

Fee: \$74 / Resident Discount: \$64

## Clay Together

Introduce your toddler to the fabulous fun of clay and you are invited! Stimulate your child's imagination and fine motor skills as you create both beautiful projects and great memories together. All projects will be glazed and fired. New projects each session. Participants must be accompanied by an adult.

Instructor: Julia Souders Location: CCC/Poppy Jasper Room

Activity #	Date	Day	Time	Age	Sessions
4104.202	05/11-06/08	F	11:00am-12:00pm	2-3yrs	5

Material Fee: \$12 due at registration.

Fee: \$74/ Resident Discount: \$64

## Elements

Earth, water, fire and air: Come celebrate the elements with your little one. This fascinating class will allow your children to experiment with and delight in the dynamics of each element as they travel from station to station participating in the hands-on activities. These activities change every week. Participants must be accompanied by an adult.

Instructor: Julia Souders Location: CCC/Poppy Jasper Room

Activity #	Date	Day	Time	Age	Sessions
4104.203	05/11-06/08	F	12:15-1:00pm	2-3yrs	5

Material Fee: \$8 due to instructor the first day of class.

Fee: \$66 / Resident Discount: \$56

*The place to go  
to celebrate life!*

Room rentals for all occasions.

weddings  
quinceaneras  
retirement  
parties  
memorials  
dance recitals  
meetings  
performances  
special events



**THE COMMUNITY & CULTURAL CENTER  
and PLAYHOUSE**

408-782-0008

RECREATION & COMMUNITY SERVICES DEPARTMENT  
CITY OF MORGAN HILL

## DANCE & MUSIC

### Tiny Tots Ballet & Creative Dance

This class is geared for Tiny Tots. Your child will be introduced to ballet and creative movement. This is a FUN class, which is action packed to keep your child's attention. Your child will learn ballet steps, use props, scarves, teddy bears, wands and begin to understand dance terminology.

Instructor: Dance Force Staff Location: CCC/Mira Monte Room

Activity #	Date	Day	Time	Age	Sessions
4208.201	05/01-06/05	T	3:50-4:20pm	2½ -3½	6

Fee: \$64 / Resident Discount: \$54

### Ballet/Tap/Jazz Combo

This is a great class which introduces your child to ballet, tap and jazz. Your child will learn ballet, tap and jazz steps, use props, scarves, wands and begin to understand dance terminology.

Instructor: Dance Force Staff Location: CCC/Mira Monte Room

Activity #	Date	Day	Time	Age	Sessions
4208.202	05/01-06/05	T	4:25-5:10pm	3½-5½ yrs	6

Fee: \$69/ Resident Discount: \$59

### Cheerleading/Hip Hop/Jazz

This class has it all! Your child will learn cheerleading motions, cheers, chants, jumps, technique and use pom-poms. They will also learn basic jazz and hip hop moves to music like Radio Disney and Kids Bop! Your child will perform in a class dance routine and cheers on the last day of the session!

Instructor: Dance Force Staff

Location: CCC/Mira Monte Room

Activity #	Date	Day	Time	Age	Sessions
4207.201	05/01-06/05	T	5:15-6:00pm	5-7yrs	6

Fee: \$69 / Resident Discount: \$59

### Hip Hop & Jazz

Come out and learn the hottest new dance moves! This class is a high energy class that combines the elements of jazz and the latest hip hop moves you see on T.V. This is an action packed class! Your child will learn a dance routine that they will perform in class on the last day of the session.

Instructor: Dance Force Staff

Location: CCC/Mira Monte Room

Activity #	Date	Day	Time	Age	Sessions
4201.201	05/01-06/05	T	6:05-6:50pm	8-12yrs	6

Fee: \$/69 Resident Discount \$59



## FITNESS

### Mommie & Me Tumble Fun

Come join the fun with other parents and their little ones. Tumble time, children songs, music movement, structured group activity and free play. Children will learn basic tumbling and gymnastics skills in a safe and fun learning environment. The skills taught in this class will include - motor development, balance & coordination, strength, flexibility, socialization and meeting new friends. For more information call "I Can Gymnastics" at 782-6600. Sign up early, space is limited! Parent's participation is required. Dress comfortably.

Instructor: "I Can Gymnastics" staff specializes in early child development and gymnastics, and is trained in safety technique and spotting.

Location: CCC/EI Toro Room

Activity #	Date	Day	Time	Age	Sessions
4401.201	05/02-06/20	W	10:00-10:45am	6mo- 2½yrs	8
4401.202	06/27-08/29*	W	10:00-10:45am	6mo- 2½yrs	9

\*No Class on 07/04

Fee: \$114 / Resident Discount: \$104 (8 week session)

Fee: \$127/ Resident Discount: \$117 (9 week session)

### I Can Gymnastics

This class is a fun introduction to the wonderful sport of gymnastics. Our class is a non competitive atmosphere. Each week students will learn gymnastics skills and motor development movements. Come dressed to participate and have fun! For more information call "I Can Gymnastics" at 782-6600. Sign up early, space is limited!

Instructor: "I Can Gymnastics" staff

Location: CCC/Mira Monte Room or EI Toro Room

Activity #	Date	Day	Time	Age	Sessions
4402.201	05/02-06/20	W	9:00-9:40am	3-4yrs	8
4402.202	06/27-08/29	W	9:00-9:40am	3-4 yrs	9
4402.203	05/02-6/20	W	11:00-11:40am	4½-6yrs	8
4402.204	06/27-08/29*	W	11:00-11:40am	4½-6yrs	9

\*No Class 07/04

Fee: \$114 / Resident Discount: \$104 (8 week session)

Fee: \$127/ Resident Discount: \$117 (9 week session)

## SPORTS

### Kidz Love Soccer

Kids will learn the world's most popular sport from professional coaches licensed in the KLS method. Your child will learn through skill demonstrations and instructional scrimmages conducted in a non-competitive, recreational format. Bring your tennis shoes and shin guards and be ready to have fun! For more information visit [www.kidzlovesoccer.com](http://www.kidzlovesoccer.com)

KLS Rain-out Hotline: 1 (800) 871-2275

Instructor: Kidz Love Soccer certified staff

Location: Paradise Park Soccer Field, Morgan Hill

Activity #	Date	Day	Time	Age	Sessions
4701.201	06/20-08/15*	W	9:15-09:45am	3½-4yrs	8
4701.202	06/20-08/15*	W	9:45-10:20am	4-5yrs	8
4701.203	06/20-08/15*	W	10:20-11:05am	5-6yrs	8
4701.204	06/20 -08/15*	W	11:05-11:50am	7-8yrs	8
4701.205	06/20-08/15*	W	11:00-12:05pm	9-12yrs	8
4701.206	06/23-08/18*	SA	4:50-05:20pm	3½-4yrs	8
4701.207	06/23-08/18*	SA	2:30-03:05pm	4-5yrs	8
4701.208	06/23-08/18*	SA	3:05-03:50pm	5-6yrs	8
4701.209	06/23-08/18*	SA	3:50-04:35pm	7-8yrs	8
4701.210	06/23-08/18*	SA	3:50-04:50pm	9-12yrs	8

\*No Class on 7/4 and 7/7

Fee: \$98 / Resident Discount: \$88 (8 wk session)

### Mommy, Daddy and Me Soccer

Introduce yourself and your toddler to the "World's Most Popular Game"! As you and your child participate in our fun age appropriate activities, your child will be developing their large motor skills and socialization skills. A variety of activities designed around the game of soccer will be played each week. The fun happens on the field, and in Mommy/Daddy & Me Soccer, you won't have to watch from the sidelines.

Instructor: Kidz Love Soccer certified staff

Location: Paradise Park Soccer Field, Morgan Hill

Activity #	Date	Day	Time	Age	Sessions
4701.211	06/20-08/15*	W	8:30-9:00am	2-3½yrs	8
4701.212	06/23-08/18*	SA	5:30-6:00pm	2-3½yrs	8

\*No Class on 7/4 and 7/7

Fee: \$98 / Resident Discount: \$88 (8 wk session)

### Jr. Golf

This 5 week class will teach golf fundamentals such as: grip, stance, putting, chipping, and full swing. This is a great introduction to the sport or to review and practice what you have learned. Please dress comfortably, bring water and wear sun screen. Golf clubs will be furnished or you are welcome to bring your own.

Instructor: David Parks has 9 years teaching experience and is the 1st assistant Golf Professional Eagle Ridge.

Location: Eagle Ridge Golf Course, Gilroy

Activity #	Date	Day	Time	Age	Sessions
4704.201	05/05-06/02	SA	10:00-11:00am	4-17yrs	5
4704.202	06/16-07/14	SA	10:00 -11:00am	4-17yrs	5
4704.203	07/28-08/25	SA	10:00-11:00am	4-17yrs	5
4704.204	05/06-06/03	SU	12:00-1:00pm	4-17yrs	5
4704.205	06/17-07/15	SU	12:00-1:00pm	4-17yrs	5
4704.206	07/29-08/26	SU	12:00-1:00pm	4-17yrs	5

Fee: \$62/ Resident Discount: \$52



## Mother & Child Golf

Join this 5 week introductory class with your child and learn at an easy, fun pace. Plus, this class is a great opportunity to spend quality time together. Golf is fun to learn and share with kids. Golf clubs will be furnished or you are welcome to bring your own.

Instructor: Scott Krause

Location: Eagle Ridge Golf Course, Gilroy

Activity #	Date	Day	Time	Age	Sessions
4704.207	05/12-06/09	SA	1:00-2:00pm	4yrs+	5
4704.208	06/23-07/21	SA	1:00-2:00pm	4yrs+	5
4704.209	07/11-08/08	W	11:00am-12:00pm	4yrs+	5
4704.210	05/20-06/17	SU	12:00-1:00pm	4yrs+	5
4704.211	06/24-07/22	SU	12:00-1:00pm	4yrs+	5
4704.212	07/29-08/26	SU	12:00-1:00pm	4yrs+	5

Fee: \$69 / Resident Discount: \$59

## Tennis: Beginner/Intermediate

This is a course designed to teach the fundamentals, proper techniques and skill development to the players. Bring a tennis racket and dress appropriately. Space is limited, so sign up now!

Instructor: Michael Myers

Location: Community Park Tennis Courts, Morgan Hill

Activity #	Date	Day	Time	Age	Sessions
4702.201	06/26-07/12	T/TH	8:00-8:30am	5-8yrs	6
4702.202	07/24-08/09	T/TH	8:00-8:30am	5-8yrs	6
4702.203	06/26-07/12	T/TH	8:30-9:30am	9-12yrs	6
4702.204	07/24-08/09	T/TH	8:30-9:30am	9-12yrs	6

Fee: \$46 / Resident Discount: \$36 (5-8yrs)

Fee: \$82 / Resident Discount: \$72 (9-12yrs)

## Youth Tennis League

The junior program is designed for the individual who already knows how to play the game. He/she should be able to hit balls and rally consistently with a partner. The emphasis of the program is skill development and preparation for match play with the goal to prepare the Juniors for USA Team Tennis play by the spring of 2007. Bring a tennis racket and dress appropriately.

Instructor: Michael Myers

Location: Community Park Tennis Courts, Morgan Hill

Activity #	Date	Day	Time	Age	Sessions
4702.205	06/26-07/12	T/TH	10:30-11:30am	9-18yrs	6
4702.206	07/24-08/09	T/TH	10:30-11:30am	9-18yrs	6

Fee: \$82 / Resident Discount: \$72

## Tennis: Private Lessons

These lessons are for individuals and/or small groups (1-6) people, who prefer individual attention and instruction that is not available in a large class setting. Please call (408) 782-0008 to get more information.

Instructor: Michael Myers

Location: Community Park Tennis Courts, Morgan Hill

Activity #	Date	Age
4702.107	06/15-09/01	5 & UP

½ Hour Lesson: \$25 / Hour Lesson: \$50



**Performances at  
Morgan Hill Community Playhouse**  
17090 Monterey Road, Morgan Hill  
[www.svct.org](http://www.svct.org)

### California Suite

May 11 2007 8:00 PM  
May 19 2007 2:00 PM  
May 19 2007 8:00 PM  
May 25 2007 8:00 PM  
Jun 2 2007 2:00 PM  
Jun 2 2007 8:00 PM

### Plaza Suite

May 12 2007 2:00 PM  
May 12 2007 8:00 PM  
May 18 2007 8:00 PM  
May 26 2007 2:00 PM  
May 26 2007 8:00 PM  
Jun 1 2007 8:00 PM

### Music Man

Jun 29 2007 8:00 PM  
Jun 30 2007 8:00 PM  
Jul 6 2007 8:00 PM  
Jul 7 2007 2:00 PM  
Jul 7 2007 8:00 PM  
Jul 13 2007 8:00 PM  
Jul 14 2007 2:00 PM  
Jul 14 2007 8:00 PM  
Jul 20 2007 8:00 PM  
Jul 21 2007 8:00 PM

## Cool Kids Special Holiday Activities

### Cool Kids Art and Games in the Park

Come and enjoy the fun activities provided by the Coolest Recreation Leaders in town! Join the Recreation Leaders at Community Park for fun Arts and Crafts and Games. Parents and children will participate together. Dress for mess! Children under 4 year of age are free with a sibling. Bring your camera!

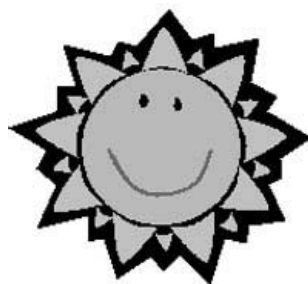
Instructor: Recreation Staff

Location: Community Park

Activity #	Date	Day	Time	Age	Sessions
4305.207	5/4	F	4:00-6:00pm	4½-11yrs	1

Fee: \$20 / Resident Discount: \$10





# Summer Camps

## Kidz Love Soccer Summer Camp

Soccer is a kick! Children of all ages will love soccer camp with KLS, where the score is always fun-to-fun. Participants will discover and/or improve their skills and love of the world's most popular sport. Each day's activity includes age appropriate skill-building games and soccer scrimmages, culminating in a World Cup-like experience on the final day of camp. SHIN-GUARDS, SOCCER SHOES, AND SUNSCREEN, WATER ARE REQUIRED. Each camper will receive a t-shirt, ball, and participation award.

Instructor: Kidz Love Soccer certified staff

Location: Paradise Park Soccer Field, Morgan Hill

Activity #	Date	Day	Time	Age	Sessions
4701.213	06/18-06/22	M-F	5:00-8:00pm	4½-6yrs	1 wk
4701.214	06/18-06/22	M-F	5:00-8:00pm	7-8yrs	1 wk
4701.215	06/18-06/22	M-F	5:00-8:00pm	9-12yrs	1 wk
4701.216	08/06-08/10	M-F	9:00am-12:00pm	4½-6yrs	1 wk
4701.217	08/06-08/10	M-F	9:00am-12:00pm	7-8yrs	1 wk
4701.218	08/06-08/10	M-F	9:00am-12:00pm	9-12yrs	1 wk

Fee: \$104/ Resident Discount: \$94

## LEGO FUNgineering Camp

Children will have fun playing with Legos and will learn a little about engineering and design basics at the same time. Each class includes planned projects (car race, modes of transportation, a LEGO city, etc.) and "free play" time - all geared towards a little added development of your child's creativity & imagination. Children can also learn to play, share & socialize nicely with others.

Instructor: David Wang

Location: CCC/ Diana Murphy Room

Activity #	Date	Day	Time	Age	Sessions
4309.201	06/11-06/15	M-F	9:30-11:30am	6-8 yrs	1 wk
4309.202	07/09-07/13	M-F	9:30-11:30am	6-8 yrs	1 wk
4309.203	08/06-08/10	M-F	9:30-11:30am	6-8 yrs	1 wk

Material Fee: \$20 due to the instructor on the first day of class

Fee: \$109 / Resident Discount: \$99



## Tennis Camp

Four days of tennis camp. Ages 8-13 years old. Skills, Drills, and Thrills. Lessons and Games!

Instructor: Mike Myers

Location: Community Park Tennis Courts, Morgan Hill

Activity #	Date	Day	Time	Age	Sessions
4702.207	6/18-06/21	M-TH	9:00-11:30am	8-13 yrs	1wk

Fee: \$100/ Resident Discount: \$90

## Tiny Tots Ballet Camp

Your child will be introduced to ballet and creative movement. This is a FUN camp, which is action packed to keep your child's attention. We will do dance related craft projects, learn ballet steps, use props, scarfs, teddy bears, wands, and begin to understand dance terminology.

Instructor: Dance Force Staff

Location: CCC/Mira Monte Room

Activity #	Date	Day	Time	Age	Sessions
4208.203	07/16-07/20	M-F	10:00-10:30am	2½-3½	1 wk
4208.204	07/16-07/20	M-F	5:00-5:30pm	2½-3½	1 wk

Material Fee \$13.00 due to instructor first day of class

Fee: \$55/ Resident Discount: \$45

## Princess Dance Camp

Join us for a magical journey as your child uses their imagination to become a fairy tale princess. They will play princess games, learn a dance to classical princess music, have arts and craft projects to make crowns and wands. Children will perform their dance program on the last day of camp in their classroom.

Instructor: Dance Force Staff

Location: CCC/Mira Monte Room

Activity #	Date	Day	Time	Age	Sessions
4212.203	07/16-07/20	M-F	10:30-11:30am	3-5yrs	1 wk
4212.204	07/16-07/20	M-F	4:00-5:00pm	3-5yrs	1 wk
4212.205	07/30-08/03	M-F	4:30-5:30pm	5-7yrs	1 wk

Material Fee: \$16 due to instructor the first day of class.

Fee: \$68/ Resident Discount: \$58

## Cheerleading Dance Camp

This has it all! Your child will learn cheerleading motions, cheers, chants, jumps, technique, and use pom-poms. They will also learn basic jazz and hip-hop moves to their favorite music. Your child will perform an in-class routine on the last day of class. Students need to bring a water bottle and snack.

Instructor: Dance Force Staff

Location: CCC/Mira Monte Room

Activity #	Date	Day	Time	Age	Sessions
4207.202	07/16-07/20	M-F	12:00-2:00pm	8-12 yrs	1 wk
4207.203	07/16-07/20	M-F	2:00-4:00pm	5-7yrs	1 wk

\* Material Fee \$31 due to instructor the first day of class.

Fee: \$126/ Resident Discount: \$116

# Summer Camps

## Hip Hop Camp

Come out and learn the hottest new hip hop age appropriate dance moves that you see on TV. This class environment is relaxed so all beginners feel comfortable learning their new moves! Students need to bring a water bottle. Dancer will perform an in-class dance on the last day of camp.

Instructor: Dance Force Staff

Location: CCC/Mira Monte Room

Activity #	Date	Day Time	Age	Sessions
4201.202	07/16-07/20	M-F 5:30-06:30pm	5-7 yrs	1 wk
4201.203	07/30-08/03	M-F 5:30-06:30pm	8-12yrs	1 wk

Fee: \$55/ Resident Discount: \$45

## Beach Party Dance Camp

It's time for some fun in the sun! Your child will enjoy this beach and summer themed camp where they will participate in indoor and outdoor activities including learning a dance to classic summer beach songs and making props for their performance. Students will enjoy outdoor activities including hula hoops, jump rope, and water balloon tosses and craft projects. Students need to provide a water bottle and a snack.

Instructor: Dance Force Staff

Location: CCC/Mira Monte Room

Activity #	Date	Day Time	Age	Sessions
4212.201	07/30-08/03	M-F 12:30-2:30pm	4-6yrs	1 wk
4212.202	07/30-08/03	M-F 2:30-4:30pm	7-11yrs	1 wk

\* Material Fee \$31 due to instructor the first day of class.

Fee: \$126/ Resident Discount: \$116

## Horses, Horses, Horses Drawing Camp

From Arabians to Zebras you will draw and learn all about these beautiful creatures.

Instructor: Karen Hegglin

Location CCC/Machado Room

Activity #	Date	Day Time	Age	Sessions
4115.202	06/11-06/14	M-Th 1:00-2:30pm	5-7yrs	4
4115.203	06/11-06/14	M-Th 3:00-4:30pm	8-11yrs	4

\* Material Fee \$5 due to the instructor the first day of class

Fee: \$80/ Resident Discount: \$70

## Floor Cloth Drawing Camp

Join the fun as you create your own floor cloth and placement. This early form of linoleum is fun and easy to do. You will draw and paint an original design, or use one of mine!

Instructor: Karen Hegglin

Location: CCC/Diana Murphy Room

Activity #	Date	Day Time	Age	Sessions
4115.204	07/10-07/13	T-F 1:00-2:30pm	5-7yrs	1 wk
4115.205	07/10-07/13	T-F 3:00-4:30pm	8-12yrs	1 wk

Fee: \$80 / Resident Discount: \$70

Material Fee \$20 due to instructor first day of class.

## Bugs and Beasties Drawing Camp

There is an amazing world at our feet! You will learn good bugs from bad insects as you draw and create them.

Instructor: Karen Hegglin

Location: CCC/Diana Murphy Room

Activity #	Date	Day Time	Age	Sessions
4115.201	08/06-08/09	M-Th 1:00-3:00pm	7-11yrs	1wk

Fee: \$103 / Resident Discount: \$93

Material Fee: \$5 due to instructor the first day of class.

## Art Exploration for Little Ones Camp

This camp offers great introduction to the world of art for children. Emphasis is on hands-on experience with mixed media. Children develop problem solving skills and confidence as they create projects together. They will delight in expressing themselves through each new medium. You will delight in the focus the children display during the creation process.

Instructor Julia Souders

Location: CCC/Diana Murphy Room

Activity #	Date	Day Time	Age	Sessions
4103.203	06/25-06/29	M-F 11:00am-12:00pm	4-5yrs	1 wk
4103.204	08/06-08/10	M-F 10:00-11:00am	4-5yrs	1 wk

Material Fee: \$14 due to the instructor on the first day of class

Fee: \$74/Resident Discount \$64

## Art Sampler Camp

Use a variety of art materials to explore drawing, painting, sculpture, collage and more! Emphasis is on creative and playful expression, so come enjoy your time together. New projects each day.

Instructor: Julia Souders

Location: CCC/Poppy Jasper Room

Activity #	Date	Day Time	Age	Sessions
4103.205	06/25-06/29	M-F 1:00-3:00pm	6-12yrs	1 wk
4103.206	08/06-08/10	M-F 1:00-3:00pm	6-12 yrs	1 wk

Material Fee: \$14 due to the instructor on the first day of class

Fee: \$120/Resident Discount \$110

## Elements Camp

Earth, water, fire and air: come celebrate the elements with your little one. This fascinating class will allow our child to experiment with and delight in the dynamics of each element as they travel from station to station participating in the hands on activities there. Activities change every day. Participants must be accompanied by an adult.

Instructor: Julia Souders

Location: CCC/Poppy Jasper Room

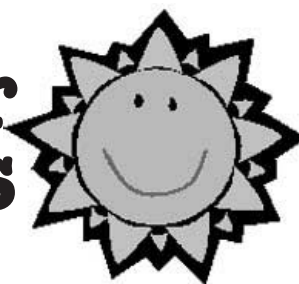
Activity #	Date	Day Time	Age	Sessions
4104.211	07/09-07/13	M-F 10:00-11:00am	2-3yrs	1 wk
4104.212	08/06-08/10	M-F 10:00-11:00am	2-3yrs	1 wk

Material Fee: \$ 8 due to the instructor on the first day of class

Fee: \$74/Resident Discount \$64



# Summer Camps



## Magical Fairy Cave Camp

Come join this exciting class where using a variety of materials we will construct a beautiful cave, fairy and all kinds of accessories. This is a really fun class. Please bring a sack lunch every day.

Instructor: Julia Souders

Location: CCC/ Poppy Jasper Room

Activity #	Date	Day	Time	Age	Sessions
4107.201	07/16-07/20	M-F	10:00am-1:00pm	6-12yrs	1 wk

Material Fee: \$15 due to the instructor on the first day of class

Fee: \$150/Resident Discount \$140

## Zoo Critters Clay Camp

Join our adventure of creating an assortment of zoo animals with their very own enclosure. Participants must be accompanied by an adult.

Instructor: Julia Souders

Location: CCC/Poppy Jasper Room

Activity #	Date	Day	Time	Age	Sessions
4109.204	07/16-07/20	M-F	2:00-3:00pm	2-4 yrs	1 wk

Material Fee: \$12 due to the instructor on the first day of class

Fee: \$74 Resident Discount \$64

## Jewelry Maker's Camp

By popular demand, a class designed to dazzle young jewelry maker's lovely and challenging projects. You will be amazed at the jewelry you create. Learn new techniques each day.

Instructor: Julia Souders

Location: CCC/Poppy Jasper Room

Activity #	Date	Day	Time	Age	Sessions
4105.201	07/23-07/27	M-F	2:00-4:00pm	7-12yrs	1 wk
4105.202	08/13-08/17	M-F	10:00am-12:00pm	7-12 yrs	1 wk

Material Fee: \$18 due to the instructor on the first day of class

Fee: \$120 Resident Discount \$110

## Magical Creature Cave Camp

Join us in constructing a beautiful and fantastical cave and the magical creature that dwells inside. We will use a variety of materials to complete our project. This is a really fun class. Please bring a sack lunch every day.

Instructor: Julia Souders

Location: CCC/Diana Murphy Room

Activity #	Date	Day	Time	Age	Sessions
4107.202	07/30-08/03	M-F	10:00am-1:00pm	6-12yrs	1 wk

Material Fee: \$18 due to the instructor on the first day of class.

Fee: \$150/Resident Discount \$140

## Farm Animals Clay Camp

Join our adventure of creating an assortment of farm animals with their very own barn. Participants must be accompanied by an adult.

Instructor: Julia Souders

Location: CCC/Poppy Jasper Room

Activity#	Date	Day	Time	Age	Sessions
4109.205	07/30-08/03	M-F	2:00-3:00pm	2-4yrs	1 wk

Material Fee: \$12 due to the instructor on the first day of class

Fee: \$74/Resident Discount \$64

## Little Tots Cooking Camp

A new and exciting camp designed to combine kitchen safety and cooking skills together with a well-seasoned blend of quality time and socializing. Each class will feature cooking time, table set-up, eating and clean up.

Instructor: Julia Souders

Location: CCC/TBD

Activity #	Date	Day	Time	Age	Sessions
4313.201	06/18-6/22	M-F	12:00-01:30pm	2-4yrs	1 wk
4313.202	07/23-07/27	M-F	11:00am-12:30pm	2-4yrs	1 wk

Material Fee: \$18 due to the instructor on the first day of class

Fee: \$90/ Resident Discount: \$80

## Polymer Clay Camp

This clay is like no other! Come discover this exciting medium where the possibilities are simply endless. Learn the basics and go on from there. Everyone loves this clay!!!

Instructor: Julia Souders

Location: CCC/Poppy Jasper Room

Activity #	Date	Day	Time	Age	Sessions
4109.201	06-18-06/22	M-F	10:00-11:30am	4-5yrs	1 wk
4109.202	07/09-07/13	M-F	1:00-03:00pm	6-12yrs	1 wk
4109.203	08/13-08/17	M-F	1:00-03:00pm	6-12yrs	1 wk

Material Fee \$14 due to instructor first day of class.

Fee: \$94/Resident Discount \$84 (4-5yr old session)

Fee: \$120/Resident Discount \$110 (6-12yr old session)

# Cool Kids Summer Day Camp 2007

Have fun while learning in a safe environment.  
See back cover for details.



# Just 4 Teens!

## Safesitters

A training program designed for students who want to be child care providers. Professional firefighters and educators will provide hands-on training in preventing and responding to emergencies, with emphasis on first aid skills. The class will cover infant care, discipline issues, and how to handle adult inappropriate behavior. Students will receive a certificate upon completion of this course.

Instructor: Move-up Certified Staff

Location: CCC/Madrone Room

Activity #	Date	Day	Time	Age	Sessions
4307.201	06/14	TH	9:00am-5:30pm	13-18yrs	1

Fee: \$25 for both resident and non-resident participants.

## Jr. Golf

This 5 week class will teach golf fundamentals such as: the grip, the stance, putting, chipping, and full swing. This is a great introduction to the sport or to review and practice what you have learned. Please dress comfortably, bring water and wear sun screen. Golf clubs will be furnished or you are welcome to bring your own.

Instructor: David Parks has 9 years teaching experience and is the 1st assistant Golf Professional Eagle Ridge.

Location: Eagle Ridge Golf Course, Gilroy

Activity #	Date	Day	Time	Age	Sessions
4704.201	05/05-06/02	SA	10:00-11:00am	13-17yrs	5
4704.202	06/16-07/14	SA	10:00-11:00am	13-17yrs	5
4704.203	07/28-08/25	SA	10:00-11:00am	13-17yrs	5
4704.204	05/06-06/03	SU	12:00-01:00pm	13-17yrs	5
4704.205	06/17-07/15	SU	12:00-01:00pm	13-17yrs	5
4704.206	07/29-08/26	SU	12:00-01:00pm	13-17yrs	5

Fee: \$62 / Resident Discount: \$52

## Tennis: Teen Beginner & Intermediate

This is class is for the beginning and intermediate player. Basic fundamentals and skill development will be emphasized. Bring a tennis racket and dress appropriately. Space is limited, so sign up now!

Instructor: Michael Myers

Location: Community Park Tennis Courts, Morgan Hill

Activity #	Date	Day	Time	Age	Sessions
4702.208	06/26-7/12	T/TH	9:30-10:30am	13-18yrs	3
4702.209	07/24-08/09	T/TH	9:30-10:30am	13-18yrs	3

Fee: \$82 / Resident Discount: \$72

## Mother & Child Golf

Join this 5 week introductory class with your child and learn at an easy, fun pace. Plus, this class is a great opportunity to spend quality time together. Golf is fun to learn and share with kids. Golf clubs will be furnished or you are welcome to bring your own.

Instructor: Scott Krause

Location: Eagle Ridge Golf Course, Gilroy

Activity #	Date	Day	Time	Age	Sessions
4704.207	05/12-06/09	SA	1:00-2:00pm	13yrs+	5
4704.208	06/23-07/21	SA	1:00-2:00pm	13yrs+	5
4704.209	07/11-08/08	W	11:00am-12:00pm	13yrs+	5
4704.210	05/20-06/17	SU	12:00-1:00pm	13yrs+	5
4704.211	06/24-07/22	SU	12:00-1:00pm	13yrs+	5
4704.212	07/29-08/26	SU	12:00-1:00pm	13yrs+	5

Fee: \$69 / Resident Discount: \$59

## Drawing with Imagination

Do you love to Draw and Doodle? You will be guided in activities to stretch your creative mind. You will learn experimentation, manipulation, and exploration in this fun class.

Instructor: Karen Hegglin

Location: CCC/Diana Murphy Room

Activity #	Date	Day	Time	Age	Sessions
3101.202	06/26-06/28	T-W-Th	1:00-3:00pm	12-18yrs	3
3101.203	07/24-07/26	T-W-Th	1:00-3:00pm	12-18yrs	3

Material Fee: \$10 payable to the instructor at the first class.

Fee: \$55 / Resident Discount: \$45

## Starting Guitar

A guitar class for the beginning guitarist. We will cover chords, fingerpicking, reading tablature and elementary music notation. Blues style, folk and rock.

Location: CCC/Children's Pavilion

\*Material Fee \$20 due to instructor

Activity #	Date	Day	Time	Age	Sessions
3204.201	06/22-08/03*	T	6:00-07:00pm	14yrs+	6

\*No Class 07/06

Fee: \$73/ Resident Discount: \$63

# Adult Classes

## ART

### Wheel Thrown Ceramics

Have you always wanted to make something on the potter's wheel but couldn't find a teacher? This class teaches throwing techniques used on the wheel. It is open to all levels from beginner to advance. Bring your tools and a towel. Open lab ceramics is part of the class, description follows.

Instructor: Franka Reuter

Location: CCC/Poppy Jasper Room

Activity #	Date	Day	Time	Age	Sessions
3102.201	05/02-07/11*	W	5:30-8:00pm	14yrs+	10
3102.202	05/03-07/26	TH	5:00-7:00pm	14yrs+	13

Material Fee: \$10 for a 10 lb. bag of clay due at registration.

Wed. Class Fee: \$135 / Resident Discount: \$125

Thurs. Class Fee: \$9 per hour drop-in. Wheels are available on a first come, first serve basis, rotation may be required depending on demand.

\*No class 7/4

### Open Lab Ceramics

Students and non-students alike may drop-in and work on pottery projects. You may use the pottery wheels and kiln by checking in with the ceramics room attendant. Only experienced participants may attend this open lab, it is NOT a class. You may NOT bring your own clay or glazes. Clay and glazes are available for purchase. A 10 pound bag of clay is \$10, please ask the teacher about glazes.

Location: CCC/Poppy Jasper Room

Activity #	Date	Day	Time	Age	Sessions
N/A	05/08-07/17	T	6:00-8:00pm	14yrs+	10

Fee: \$3 per hr / Student Discount: \$2 per hr (students enrolled in the wheel thrown ceramics class listed above.)



## DANCE

### Ballroom Dance Parties

Practice your new steps & renew your old ones while meeting new people. This open dance is for everyone- newcomer to advanced. Lessons start at 7pm., dance from 7:30-9:00pm. No partner required! Instructor: Nick & Katherine Eastvold.

Location: El Toro Room

Activity #	Date	Day	Time	Age	Sessions
3202.201	05/18	F	7:00-9:00pm	16yrs+	1
3202.203	06/22	F	7:00-9:00pm	16yrs+	1

Fee: Singles \$10 / Doubles: \$18 (per night)

Early Bird special rate: Register at least 7 days prior and pay Singles \$8 / Doubles: \$16 (per nights).



### Belly Dancing

#### Beginning & Intermediate

In the beginning class, students will learn basic step, movements and a finger cymbals pattern. Students will study the basic elements of veil work and learn a short choreography.

In the intermediate class, students will learn step combinations and a more advanced finger cymbal pattern. Students will also learn the basic elements of drum solo and choreography. The instructor specializes in sword dancing and will teach the students the basic elements of balancing the sword.

Instructor: Laurel Sills

Location: CCC/Mira Monte Room

#### Beginning

Activity #	Date	Day	Time	Age	Sessions
3201.201	TBA		6:00-7:00pm	18yrs+	6
3201.202	TBA		6:00-7:00pm	18yrs+	6

#### Intermediate

Activity #	Date	Day	Time	Age	Sessions
3201.203	TBA		7:00-8:00pm	18yrs+	6
3201.204	TBA		7:00-8:00pm	18yrs+	6

Fee: \$70 / Resident Discount: \$60



## Salsa Dancing

Salsa is back! Learn the most popular moves in a lively & fun atmosphere. Partner is encouraged but not required.

Instructor: Nick and Katherine Eastvold

Location: El Toro Room

Activity #	Date	Day	Time	Age	Sessions
3203.201	05/08-06/26	T	7:00-08:00pm	16yrs+	8

Fee: \$82 / Resident Discount: \$72

## Beginning Waltz & Foxtrot

Learn the dances that you've seen grace the screen, from Fred Astaire to Dancing with Stars. Enjoy learning techniques & styling too! Partner is encouraged but not required.

Instructor: Nick and Katherine Eastvold

Location: El Toro Room

Activity #	Date	Day	Time	Age	Sessions
3202.204	05/08-06/26	T	6:00-07:00pm	16yrs+	8

Fee: \$82 / Resident Discount: \$72

## ENRICHMENT

## Composting Workshops

Individuals will discover the benefits of gardening using their own compost. Classes are FREE! Pre-registration is required by calling 918-4640.

Location: TBA

Activity #	Date	Day	Time	Age	Sessions
3303.201	07/14	S	10am-12:00pm	18yrs+	1
3303.202	09/15	S	10am-12:00pm	18yrs+	1

\*Free Class

## Adult & Pediatric First Aid and CPR

MEDIC FIRST AID Pediatric is a child, infant, and adult CPR and first aid emergency medical response training program. This program follows the skills and instructional methodology of our cornerstone CPR/first aid training program, MEDIC FIRST AID Basic. Pediatric teaches appropriate emergency response skills and prevention strategies for the care of infants and children. Adult care techniques are also included.

Instructor: Tracy Farstad is a certified Medic First Aid instructor and has a M.A. in Human Development and a B.A. in Child Development with 18 years of experience working with families and children.

Location: TBD

Activity #	Date	Day	Time	Age	Sessions
3313.201	05/5	SA	8:00am-5:00pm	12yrs+	1 day
3313.202	06/9	SA	8:00am-5:00pm	12yrs+	1 day

Fee: \$67 / Resident Discount: \$57

## QuickBooks for Real Estate Investors

Knowledge of QuickBooks is required! For class description, go to [www.adminbooks.com](http://www.adminbooks.com).

Instructor: Renee Daggett

Location: Madrone Room

Activity #	Date	Day	Time	Age	Sessions
3305.201	06/27	W	6:00-9:00pm	18yrs+	1

Fee: \$49/ Resident Discount: \$39

## QuickBooks for Beginners

For the class description, go to the website at [www.adminbooks.com](http://www.adminbooks.com).

Instructor: Renee Daggett

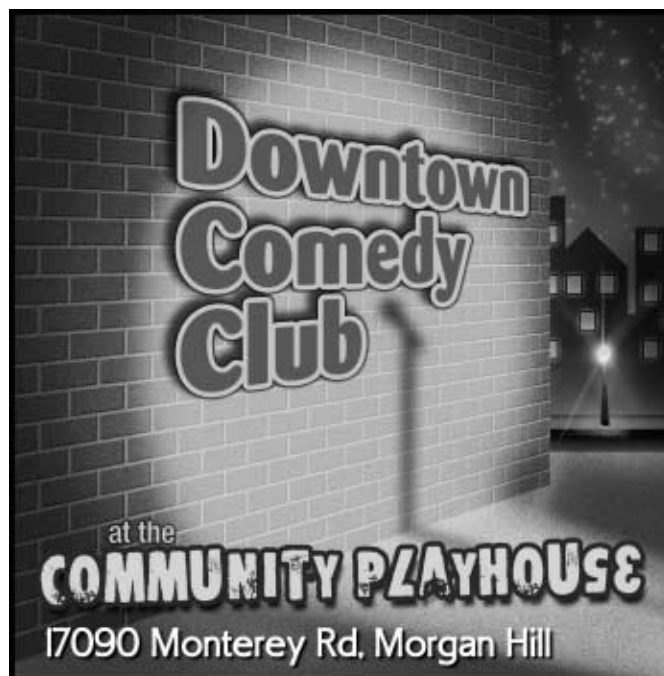
Location: Madrone Room

Activity #	Date	Day	Time	Age	Sessions
3305.202	05/11	F	8:30am-5:00pm	18yrs+	1
3305.203	08/04	SA	8:30am-5:00pm	18yrs+	1

Fee: \$109/ Resident Discount: \$99

\*Material Fee \$45 paid to the instructor for manual (over 400 pages)

\* ½ lunch break



The Recreation & Community Services Department  
City of Morgan Hill is pleased to present

**SOME OF THE BEST COMICS  
FROM THE BAY AREA!**  
Hosted by Wesley Hoffman

**LAST THURSDAY OF THE MONTH**

**MARCH 29    APRIL 26    JUNE 28  
MAY 31    JULY 26**

Not recommended for children under 18.

**6:30-9:30PM**

**HAPPY HOUR 6:30PM**

**NO HOST BAR & APPETIZERS BY ROSY'S AT THE BEACH  
SHOW STARTS AT 7:30**

**\$10 advance - \$12 at the door**

**Tickets: Community & Cultural Center 782-0008**

## Kindersign 101

Kindersign 101 is a class for parents who have infants aged birth to 24 months. This class is for the parents to learn basic signs to teach their hearing children approximately 50 basic signs. The class is divided into three sessions, and includes a baby sign dictionary and journal.

Instructor: Tracy Farstad

Location: Diana Murphy

Activity #	Date	Day	Time	Age	Sessions
3312.201	08/04-08/18	SA	1:00-03:00pm	18yrs+	3

Fee: \$55/ Resident Discount: \$45

\*Material Fee \$25

## MUSIC

### Guitar: Let's Learn Chords

A course designed for beginning or intermediate guitar players. Introduction to blues, chords, and finger picking.

Instructor: Phil Vargas

Location: CCC/Children's Pavilion

\*Material Fee \$20 due to instructor

Activity #	Date	Day	Time	Age	Sessions
3204.201	06/26-07/31	T	6:00-7:00pm	14yrs+	6

Fee: \$73/ Resident Discount: \$63

## SPORTS

### Adult Softball League

The Summer Softball Manager's Meeting will be held at the Community & Cultural Center, Madrone Room on Monday, June 4, at 7pm. Leagues play will begin on the following nights: Tuesday, 6/12 Advanced; Wednesday, 6/13 Novice and Thursday, 6/14 Intermediate. Registration deadline for returning teams is 5/29, and new teams 6/8 at 5pm. Remember to register as soon as possible; only 6 teams per league.

For more information contact Gabriel Rodriguez at (408) 771-8318 or spidermaze@aol.com. Schedules available online at: [www.quickcores.com/morganhill](http://www.quickcores.com/morganhill).

Sports Coordinator: Gabriel Rodriguez

Fee: \$575 per team (This fee will cover all costs for fields, umpires, equipment and scorekeeper.)

Activity # 3703.201



Congratulations to the following team champions of the Fall 2006 Adult Softball League!

**Ultimate Champions - TEAM 408**

## Adult Golf

Learn one of the fastest growing sports in America....Golf! During this five week program, golf professional Scott Krause, will teach golf techniques from putting to the full swing. This class fills up fast, register early! Golf clubs will be furnished or you are welcome to bring your own clubs.

Instructor: Scott Krause, NCPGA Teacher of the Year

Location: Eagle Ridge Golf Course, Gilroy

Activity #	Date	Day	Time	Age	Sessions
3702.201	05/05-06/02	SA	12:00-1:00pm	18yrs+	5
3702.202	07/15-08/12	SU	11:00am-12:00pm	18yrs+	5
3702.203	07/28-08/25	SA	12:00-1:00pm	18yrs	5

Fee: \$89 / Resident Discount: \$79

## NEW 2007 RATES

at  
THE COMMUNITY & CULTURAL CENTER  
and PLAYHOUSE

**Package Rates available!**

**For businesses -**  
special rates for 7-day advance bookings, lunch hour meetings and frequent user incentives

**For performers -**  
rehearsal/performance packages, "break-a-leg" rates, and special promoter rates

**Call us for additional information: 408-782-0008**

THE COMMUNITY & CULTURAL CENTER  
RECREATION & COMMUNITY SERVICES DEPARTMENT  
CITY OF MORGAN HILL

# HOW TO REGISTER



## FAX-IN REGISTRATION

Fax-in registrations must include complete credit card information and should be faxed to the following:

Centennial Recreation Center: (408) 778-8286

Community & Cultural Center: (408) 779-5450



## MAIL-IN REGISTRATION

Mail-in registrations are only accepted for classes at the Community & Cultural Center up to 7 days before the start of a class and/or until the class is full. Make checks payable to "City of Morgan Hill". Include a self-addressed stamped envelope in order to receive receipt confirmation. Please complete the registration form and mail with payment to:

Morgan Hill Community & Cultural Center

Attn: "Classes"

17000 Monterey Road

Morgan Hill, CA 95037



## ONLINE REGISTRATION

Online registration may be completed for classes only at the Community & Cultural Center by logging onto [www.active.com/browse/morganhill](http://www.active.com/browse/morganhill). A convenience fee will be applied to all online registrations as follows:

<u>Class fee</u>	<u>+</u>	<u>Online Convenience fees</u>
Up to \$150		Equal to 6.5% + \$0.50
\$151 to \$500		Equal to 3.5% + \$5.00
Over \$501		Equal to 2.5% + \$10.00



## WALK-IN REGISTRATION

Walk-in registrations are processed during normal business hours. See facility hours listed in under each section.



## REGISTRATION QUESTIONS?

Please call the facility directly for any questions regarding registrations. The facility contact information is listed on the Registration Form on the following page.

# POLICIES & GUIDELINES

## ❖ OPEN REGISTRATION

Our approach to registration is intended to allow equal admittance to all Morgan Hill residents. All registrations are taken on a first-come first-serve basis. The City of Morgan Hill Recreation and Community Services Department offers open registration for each class held. The City does not offer guaranteed admittance from one session to the next.

## ❖ CLASS CANCELLATION

The City of Morgan Hill Recreation and Community Services Department reserves the right to cancel any class that does not meet the set minimum enrollment. Please register early to avoid class cancellations. We will make every effort to notify you of a cancellation prior to the scheduled class starting date. The City will attempt to make up classes missed due to instructor illness or weather conditions, by lengthening the weeks or hours of the class when scheduling permits.

## ❖ CLASS REFUND POLICY

All refund requests must be submitted in writing to the facility where registration was processed. Refunds will be issued for class cancellations received at least 7 business days prior to the start of the class. No refunds will be given for cancellations made less than 7 business days prior to the first day of class. There will be a \$10.00 processing fee for each class cancellation request. When the class fee is paid by check, there is a 3 week waiting period before the refund check will be processed and mailed. Credit card refunds will be credited back to the original credit card account within one week of receiving the refund request.

## ❖ SCHOLARSHIPS

Scholarships are available upon request from the Aquatics Center, Centennial Recreation Center and the Community & Cultural Center. Contact each facility for more information on the application process.





# REGISTRATION FORM

## Recreation & Community Services Department

<b>Centennial Recreation Center</b> (408) 782-2128 <a href="http://www.mhcrc.com">www.mhcrc.com</a>	<b>Community &amp; Cultural Center</b> (408) 782-0008 <a href="http://www.mhcommunitycenter.com">www.mhcommunitycenter.com</a>	<b>Aquatics Center</b> (408) 782-2134 <a href="http://www.mhaquaticscenter.com">www.mhaquaticscenter.com</a>
Complete the form below and submit in person or by fax to the below location. <b>171 W. Edmundson Ave.</b> <b>Morgan Hill, CA 95037</b> <b>FAX: (408) 778-8286</b>	Complete the form below and submit in person, by fax, by mail or online to the below location. <b>17000 Monterey Road</b> <b>Morgan Hill, CA 95037</b> <b>FAX: (408) 779-5450</b>	Complete the form below and submit only in person to the below location. <b>16200 Condit Road</b> <b>Morgan Hill, CA 95037</b>

CONTACT INFORMATION	
NAME (ADULT):	HOME PHONE :
<input type="checkbox"/> PARENT <input type="checkbox"/> GUARDIAN <input type="checkbox"/> GRANDPARENT <input type="checkbox"/> SELF	WORK PHONE :
ADDRESS/CITY/ZIP:	CELL PHONE:
E-MAIL ADDRESS:	EMERGENCY:

PARTICIPANT'S FIRST & LAST NAME	MEMBER # (if applicable)	BIRTHDATE	CLASS TITLE	ACTIVITY #	FEE
Make ALL checks payable to "City of Morgan Hill".		A \$3 registration fee will be applied to all Aquatics Center and Community & Cultural Center registrations.		Registration Fee:	\$
				TOTAL FEE:	\$

CREDIT CARD INFORMATION	
I hereby authorize the use of my: <input type="checkbox"/> VISA <input type="checkbox"/> <input type="checkbox"/> MasterCard <input type="checkbox"/> ACCOUNT NO. _____	
PRINT NAME (as it appears on card):	EXPIRATION DATE (MO/YR):

**LIABILITY RELEASE:** IN CONSIDERATION of being permitted to utilize the facilities, services and programs of the YMCA and City of Morgan Hill (or for my children to so participate) for any purpose, including, but not limited to observation or use of facilities or equipment, or participation in any off-site program affiliated with the YMCA or City of Morgan Hill, the undersigned, for himself or herself and such participating children and any personal representatives, heirs, and next of kin, hereby acknowledges, agrees and represents that he or she has, or immediately upon entering or participating will, inspect and carefully consider such premises and facilities or the affiliated program. It is further warranted that such entry into the YMCA or City of Morgan Hill for observation or use of any facilities or equipment or participation in such affiliated program constitutes an acknowledgment that such premises and all facilities and equipment thereon and such affiliated program have been inspected and carefully considered and that the undersigned finds and accepts same as being safe and reasonably suited for the purpose of such observation, use or participation by the undersigned and such children.

IN FURTHER CONSIDERATION OF BEING PERMITTED TO ENTER THE YMCA AND CITY OF MORGAN HILL FOR ANY PURPOSE INCLUDING, BUT NOT LIMITED TO OBSERVATION OR USE OF FACILITIES OR EQUIPMENT, OR PARTICIPATION IN ANY OFF-SITE PROGRAM AFFILIATED WITH THE YMCA OR CITY OF MORGAN HILL, THE UNDERSIGNED HEREBY AGREES TO THE FOLLOWING:

1. THE UNDERSIGNED, ON HIS OR HER BEHALF AND BEHALF OF SUCH CHILDREN, HEREBY RELEASES, WAIVES, DISCHARGES AND CONVENANTS NOT TO SUE the YMCA, its directors, officers, employees, and agents or City of Morgan Hill elected officials, officers, employees, agents and representatives (hereinafter referred to as "releasees") from all liability to the undersigned or such children and all his personal representatives, assigns, heirs, and next of kin for any loss or damage, and any claim or demands therefor on account of injury to the person or property or resulting in death of the undersigned, whether caused by the negligence of the releasees or otherwise while the undersigned or such children are in, upon, or about the premises or any facilities or equipment therein or participating in any program affiliated with the YMCA or City of Morgan Hill.
2. THE UNDERSIGNED HEREBY AGREES TO INDEMNIFY AND SAVE AND HOLD HARMLESS the releasees and each of them from any loss, liability, damage or cost they may incur due to the presence of the undersigned or such children in, upon or about the YMCA and City of Morgan Hill premises or in any way observing or using any facilities or equipment of the YMCA or City of Morgan Hill or participating in any program affiliated with the YMCA or City of Morgan Hill whether caused by the negligence of the releasees or otherwise.
3. THE UNDERSIGNED HEREBY ASSUMES FULL RESPONSIBILITY FOR AND RISK OF BODILY INJURY, DEATH OR PROPERTY DAMAGE to the undersigned or such children due to negligence of releasees or otherwise while in, about or upon the premises of the YMCA or City of Morgan Hill and/or while using the premises or any facilities or equipment thereon or participating in any program affiliated with the YMCA or City of Morgan Hill.
4. THE UNDERSIGNED further expressly agrees that the foregoing RELEASE, WAIVER AND INDEMNITY AGREEMENT is intended to be as broad and inclusive as is permitted by the law of the State of California and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.
5. THE UNDERSIGNED HAS READ AND VOLUNTARILY SIGNS THE RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT, and further agrees that no oral representations, statements or inducement apart from the foregoing written agreement have been made. **I HAVE READ THIS RELEASE.**
- 6.

☐ Participant ☐ Parent/Guardian SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

# Cool Kids Summer Day Camp 2007

Have fun while learning in a safe environment. This year the City of Morgan Hill Summer Camp "Cool Kids" offers a balance of summer fun and enriching education topics in state-of-the-art recreational facilities. We've designed our camp to balance educational fun with recreational fun. We will have instructors and recreation staff guiding campers through a variety of scientific and creative writing exercises designed to stimulate young minds and keep brains sharp in preparation for the upcoming school year. Instruction in clay & ceramics and other fine arts will also be included.

The Morgan Hill Recreation Department's Cool Kids Camps will provide lots of cool things such as:

fun indoor and outdoor games	relay races
swimming and pool adventures	music
nature studies	arts & crafts
singing	dancing
science projects	team building activities
Friday field trips	and much more!

We offer a full day camp. You may sign-up for as many weeks as you wish, but you must register at least 2 weeks prior to the camp's start date.

## Camp Weeks:

## Field Trips:

<b>Week 1</b>	Activity #: 4305.201
Jun 18-22	Friday, June 22 Community Park*
<b>Week 2</b>	Activity #: 4305.202
Jun 25-29	Friday, June 29 Golf Land, San Jose
<b>Week 3</b>	Activity #: 4305.203
July 2-6	Friday, July 6 Morgan Hill Bowl
<b>Week 4</b>	Activity #: 4305.204
July 9-13	Friday, July 13 Santa Cruz Boardwalk
<b>Week 5</b>	Activity #: 4305.205
July 16-20	Friday, July 20 Oakland Zoo
<b>Week 6</b>	Activity #: 4305.206
July 23-27	Friday, July 27 San Jose Skate
<b>Week 7</b>	Activity #: 4305.207
July 30-Aug 3	Friday, Aug 3
	7:30 - 1pm Community Center
	"Good Bye Show"
	1:15 - 6pm Aquatics Center

\*Friday, June 22nd meet at the park.

## For more information:

Morgan Hill Community and Cultural Center  
408/782-0008  
Mondays and Fridays 8am to 5pm  
Tuesdays, Wednesdays, & Thursday 8am to 8pm



## Full Day Camp:

**Monday - Friday, 7:30 am - 6:00 pm**

Camp hours: 9:00am-4:00pm  
Extended care hours: 7:30am-9:00am & 4:00pm to 6:00pm. Extended care hours are included in camp fee, but if your child is not picked up by 6:00 pm, you will be charged an extra \$5 for every 15 minutes past 6:00pm.

## Full Day Camp Locations:

**Mondays, Wednesdays & Fridays:** Community and Cultural Center (CCC), 17000 Monterey Rd. Phone #: 408/782-0008

**Tuesdays:** Aquatics Center (AC), 16200 Condit Rd., (between Dunne Av. & Tennant Av.). Phone #: 408/782-2134

**Thursdays:** Centennial Recreation Center (CRC), 171 West Edmundson. Phone #: 408/782-2128

## Full Day Camp Fee:

Non-Member/Non-Resident: \$249

CRC Member/Non-Resident or Non-member Resident: \$239

Member Resident: \$229

10% discount for siblings

**Camp fee includes:** a great day of fun, field trip transportation and admission fee for field trip destination.

**Bring:** a towel, proper swim attire, water shoes, sunscreen, a morning and afternoon snack, a sack lunch & water/drinks.

If you register on-line please make sure to download:

- Parents Information Packet
- Emergency/Medical Release & Allergy Information Form
- Drop-off/pick-up Authority Form
- Swim Permission Form & Ability Level Questionnaire Form
- Field Trip permission Form

# Xtreme Teen Day Camp

Sign your teen up for a week of fun, well-supervised trips and activities in the Xtreme Teen Camp.

**Eight weeks of trips throughout the summer**

**Monday through Friday  
10am to 3pm  
for ages 12-15 years**

Teens will receive a detailed trip schedule the week prior to the camp. Cost includes 1:10 leader to participant supervision, transportation, and admission costs for all trips. Teens need to bring a lunch or money to purchase food each day. Participants need to wear a watch and be responsible for checking in at designated check-in times determined by the leaders. Space is limited! Drop off and pick up location will be at the CRC Teen Center!

## Destinations

Planet Granite • Golfland • Aquatics Center • Wild Things • Putting Edge • Movies • Jelly Belly Factory • Great America • Raging Waters • Boardwalk • Bowling • San Francisco Zoo • Nickel City and Tech Museum (see flyer for details)

Location: Meet at the CRC Teen Center

Activity #	Date	Days	Time
3000.201	06/25-06/29	M-F	10am-3pm
3000.202	07/02-07/06	M-F	10am-3pm
3000.203	07/09-07/13	M-F	10am-3pm
3000.204	07/16-07/20	M-F	10am-3pm
3000.205	07/23-07/27	M-F	10am-3pm
3000.206	07/30-08/03	M-F	10am-3pm
3000.207	08/06-08/10	M-F	10am-3pm
3000.208	08/13-08/17	M-F	10am-3pm

Before Care: 7am-10am: \$45/week  
See flyer for more information.  
After Care: FREE

Non-Member/Non-Resident: \$230/week  
Member/Non-Resident or  
Non-Member/Resident: \$210/week  
Member Resident: \$190/week

City of Morgan Hill  
17555 Peak Avenue  
Morgan Hill, CA 95037

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